

Flame Body Activation and Shadow Body Healing

Week 2:

Day 1: Technique 8 Part One (The Amoraea Buffer) in the a.m. and Eckasha Quick Seal in p.m. You no longer need to do the Eckasha Maharic Seal when reaching this point.

Can be utilized as desired: Azurite Waters Journey - A Healing Temple

Day 2 and onwards:

- Technique 8 Part Two (The Insta Buffer) and Eckasha Quick Seal each day.
- Heliopathic Breathing Techniques 1-2 (Activating The Lotus Seed) once each day, building up to twice each day by end of week.

Week 3:

- Technique 8 Part One (The Amoraea Buffer) once per week and Technique 8 Part Two (The Insta Buffer) Daily. Once you are doing this then you no longer need to do the Eckasha Quick Seal.
- Heliopathic Techniques 1-2 (Activating The Lotus Seed) twice daily

Recommended weeks 2 and 3:

Work through "Flame Body Activation" 20 Technique Sequence. These are listed at the bottom of this page and can also be purchased in a 4 CD format or the CD's with the laminated meditation symbol codes needed for the techniques, AF/CDT or AF/CDT+MC/CKC.

Optional weeks 2 and 3:

In addition to working with Heliopathic Techniques 1 & 2, you can start working with Technique 4 - The Manifestation Technique (AWAKENING THE Le-Teu-A LENS), according to inner guidance.

By working through the 20 Technique Sequence for "Flame Body Activation", the possibility of activating a Base-12 Activation (12 sub-harmonics of each of the 12 frequency bands) arises, which allows for the possibility of embodying enough energy for the process of cellular transmutation and biological ascension to occur (being able to transmute the physical body to move it through a star gate). The goal is to clear Shadow Body distortions, embody more Heliotalic Frequencies and be able to move into Lotus Technologies.

Technique-1: The Eckasha Quick Seal Activation

Technique-2: Astral Awake, Aware & Able

Technique-3: The Eiros Flame and the Silver Sanctum

Technique-4: Commanding Silence from the "Inner Throne of Power"

Technique-5: Born Free-Live-Free Shadow Healing Preparation

Technique-6: Shadow Shielding - Shadow Healing Step-1 Shadow Body Silver Sanctum Bonding

Technique-7: Awakenng the Flame of Amoraea

Technique-8 Part One & Two: Shadow Healing Step-2 The DNA Amoraea Buffer

Technique-9 - Sacred Psonns

Technique -10 The I AM Free Linguistic Template Reprogramming Power Grid

Technique - 11 Shadow Healing Linguistic Template Reprogramming Power Grid

Technique-12: The 12:12 Induction and Rishiac Shield Activation

Technique - 12 B: "I AM the Sacred Sun" LTR Grid

Technique-13: Shadow Healing Step-3 De-Cording Shadow Dancers

Technique-14: Shadow Healing Step-4 Amoraea Invitational-Shadow Body Integration

Technique-15: Amoraea Contact Platform

Technique - 16: The Gold Wave Monadic Infusion - Veca Code - 8 Reushaia Induction

Technique - 17: The 11:11 Veca Code -11 & Parallel Thun-Immanu

Technique - 18 BETCHA-HOVA SCAN PROCEDURE

The "Withness Quiz" - must be used before first use of Technique - 19

Technique -19: Opening Ecka-Contact Communication Lines- CONTACT-2

Technique - 20: Templar Reuche Code - #12 Induction

Contact Level 1 - Technique-I: The Eckasha Quick Seal Activation*

Purpose: The **Contact Level 1 - Technique-I: Eckasha Quick Seal Activation** is a progression from Maharic Seal Techniques, through which the accumulating benefits and properties of working with the Maharic Seal are strengthened, amplified and developed further. Regular use of general Maharic Seal techniques fulfils the following aspects of bio-spiritual development. Consistent use of the **Contact Level 1 - Technique-I: Eckasha Quick Seal Technique** strengthens, amplifies, expedites and reinforces all of these Maharic Seal aspects, as it generates access to frequencies of the **Kee-Ra-ShA** Primal Light and Sound Field Currents of Dimensions **13, 14 & 15** via activation of the **Eckasha** Ecka Code mathematical program. The **Contact Level 1 - Technique-I: Eckasha Quick Seal Technique** is also used to create and strengthen a dedicated line of frequency for development of clear communication between the D-12 personal Divine Blueprint Christos Avatar identity, the Density-5 (D-13-14-15) personal Rishi identity and the 3D self. The Eckasha-Sealed dedicated line provides intensified protection and amplified bio-energetic field strength in terms of multi-dimensional Contact, Shadow Healing and Eckasha - Merkaba activation technologies. The **Contact Level 1 - Technique-I: Eckasha Quick Seal Activation** technique is also used as a preliminary prerequisite technique run prior to more advanced technologies of Shadow Healing, Amoraea Flame Activation and Contact.

Bio-spiritual development generated via Maharic Seal and amplified by Eckasha Quick Seal techniques:

- Begins the process of activating the 8th through 12th Chakras, Kathara Centres and DNA Strand Templates of the personal anatomy to initiate and expedite personal Soul, Oversoul and Christos Avatar identity integration.
- Assists the opening of natural Crystal Seals in the body that regulate DNA Template activation, consciousness expansion and spiritual identity integration, to expedite the natural processes of Conscious Evolution.
- Opens the natural Planetary Bio-Feed Interface System within the personal body, enabling the body vehicle to become a truly effective tool for lasting, Christiac Divine Blueprint planetary grid and sacred site work.
- Triggers DNA Template activation's that progressively and automatically initiate sequential activation of the full Eckasha Christos Merkaba Vehicle phases.
- Enables spiritual energy healers to transmit 12D frequency sub-harmonics, providing more powerful, longer lasting (often permanent) healing facilitation while transmuting and clearing personal and client bio-energetic field distortions.
- Protects users from "disharmonic" energies associated with "channelling", energy healing, Astral projection, and buffers most types of detrimental bio-energetic field infiltration, attachment and implantation (psycho-tronics, astral implants, possession etc.).
- Assists Indigo Type III children anchor the higher frequencies that cause fractious, agitated and disruptive behaviour (administered via parent).
- Amplifies the results of spiritually focused activities (meditation, prayer, yoga etc.)
- Harmonizes personal & environmental energies.

- Creates Morphogenetic Re-patterning, clearing karmic miasmatic imprints which otherwise block DNA activation and expedites attainment of true consciousness expansion and full embodiment of the personal and Universal "Christos Principal"
- Realigns, revitalizes and regenerates all aspects of the physical and subtle body systems.
- Triggers activation of 11th and 12th sub-harmonics in every DNA strand which assists correction of DNA Template code reversals and the effects of interaction with other code reversed partners.
- Prepares and equips practitioners to receive and hold the increasing flow of higher frequency energies flowing into the Planetary Grids and personal morphogenetic fields arising from the intensifying Stellar Activation's Cycle now underway (2000-2017).

Preparation: You may use **Contact Level 1 - Technique-I: The Eckasha Quick Seal Activation** to begin using the Shadow Healing, Amoraea Flame and Contact techniques contained in the Dance For Programs. However, you must have worked through the sequence of Essential Newcomer's Techniques before initiating use of Eckasha Quick Seal Activation technique. Use of the Eckasha Quick Seal Activation preparatory steps will facilitate building of sufficient critical mass frequency during use of the Eckasha Quick Seal technique. Those who HAVE worked with the Eckasha Maharic Seal AND Veca Code Induction Techniques need only to follow **Preparatory Step 3. (The Temporary Maharic Seal Technique, Emerald & Amethyst Awakening and the Veca Code Induction Techniques** are all provided within the Dance For Life/Love Workshop tapes and Course Book, and appear on the Azurite Press website. The **Maharic Seal Technique Long Version** is contained within the Kathara Bio-Spiritual Healing System Course Book)

Preparation for use of this technique are the Essential New Comer's Techniques as outlined on this page, [Essentials](#)

Using the following **Technique-1 The Eckasha Quick Seal Activation** consistently, **during week 2 of the suggested Flame Body Schedule**, will enable the mathematical program of the Eckasha Ecka Code to activate sufficiently within the personal Shields and DNA Template. Sufficient activation of the Eckasha Code begins building of a 'dedicated frequency line' to your D-12 Christos-Avatar identity level and supplies adequate quantity and strength of D-12 frequency sub-harmonics to successfully engage Shadow Healing, Amoraea Flame and Contact techniques.



This is the Eckasha Symbol. The Circles in the center of the symbol are the Reuche.

Procedure: Contact Level 1 -Technique-I: The Eckasha Quick Seal Activation

The Eckasha Psonn: **Um'-ah A' ThrA'-E-Na-A' Ec'-ka-sha'** is gently sounded prior to each in-breath and on each out-breath, repeated in groups of 3. The **Psonn of Lyra** may be sung softly complete the technique.

1. Begin by slowing your breathing rhythm, as you imagine or visualize the **Eckasha Hierophant** at the **Pineal Gland** in the centre of your brain. Visualize the Eckasha Hierophant surrounded by a **Pale Blue Sphere of Light**. The Pale Blue Sphere containing the Eckasha Hierophant is called the **Eckasha Sphere**.
(The Blue Sphere serves as a buffer for your body's readiness to accept the frequencies associated with the Eckasha Code; the Blue Sphere holds the energy for you until your body can handle and assimilate the energy. Your body, DNA Template and Shields will automatically draw the appropriate amount of Eckasha Code frequency from the Blue Sphere as needed.)
2. Tone the **Eckasha Psonn**, softly before you inhale: Um'-ah-A' ThrA'-E-na-A' .
..Ec'-ka-sha' 3 times. **INHALE**, using the Inhale breath to **energetically grab the Pale Blue Eckasha Sphere** located at the Pineal, and on the **EXHALE**, use the Exhale Breath to **push the Eckasha Sphere** all the way down to **Chakra - 13 at Earth's Core** as you again tone the **Eckasha Psonn**; Um'-ah-A' ThrA'-E-na-A' .
..Ec'-ka-sha' 3 times. Try to **hear a sound tone** as the Eckasha Sphere hits the Planetary Shield at Earth's Core.
3. Repeat the **Eckasha Psonn 3 times** before you inhale. Um'-ah-A' ThrA'-E-na-A' .
..Ec'-ka-sha'. **INHALE**, using the Inhale breath to draw the **Eckasha Sphere up to your Personal Maharic Shield** 12" below your feet ... and **EXHALE** while watching the Eckasha Sphere become a Pale Silver - Blue Sphere that expands outward to form a large sphere. Toning the **Eckasha Psonn 3 times** and imagine that **your Maharic Shield pops out** as a Pale Silver disc, about 4' in diameter, surrounded by a coating or aura of **Pale Blue Light** with the Eckasha Hierophant symbol at its center.
4. Bring your **attention to the center of your Maharic Shield** 12" below your feet ..., tone the **Eckasha Psonn 3 times** ... and **INHALE**, using the Inhale breath to draw the **Eckasha Hierophant symbol** (without Pale Blue Sphere) from the Maharic Shield centre up into the **4th Heart Chakra**. **EXHALE**, using the Exhale breath to expand the frequencies of the Eckasha Code from the Eckasha Hierophant into the Heart Chakra as you softly tone the **Eckasha Psonn 3 times**.....
5. Tone the **Eckasha Psonn** again 3 times and **INHALE**, using the Inhale breath to energetically **grab the Eckasha Hierophant symbol** at the 4th Heart Chakra, and **EXHALE**, using the Exhale breath to push the **Eckasha Hierophant up into the 14th Chakra** 36" above the head. Tone the Eckasha Psonn again and imagine that the **Eckasha Hierophant is spinning in a clockwise direction** (from your right side to your left side) **in the 14th Chakra**. As you do this, try to feel / sense the energy around you, just a few inches out from your body...
6. Now, move your attention to your Maharic Shield 12" below your feet, take a couple of relaxing breaths, and **INHALE deeply**, using the Inhale breath to **pull Pale Silver and Blue energy upward** from your Maharic Shield to **Chakra-14** 36" above your head, **pulling your Maharic Seal Pillar upward and latching it onto your 14th Chakra**. This procedure activates your **Temporary Maharic Seal Pillar**, amplifying its intensity and strength with the Kee-Ra-ShA frequencies of the Eckasha Code. Feel the sensations of amplified Eckasha Code energy just a few inches from your body now - try to sense the difference between the amplified Eckasha Code frequencies and those usually generated by the Maharic Seal alone.

7. Now envision the 4" diameter **Pale Silver Cord of Maharic Light** that would normally come up with activation of your Maharic Seal Pillar and focus on **Chakra - 13** at Earth's Core. **INHALE**, using the Inhale breath to draw the Maharic Cord of Pale Silver energy up into the body and to the **4th Heart Chakra** centre, expanding the Pale Silver energy to form a **Pale Silver Maharic Sphere** of D-12 frequency within the **4th Chakra**. **EXHALE**, using the Exhale breath to send your attention downward to **chakra-13** at Earth's Core. **INHALE**, using the Inhale breath to bring another load Maharic frequency up from the Planetary Shields to the **4th Heart Chakra**, expanding it into the Pale Silver Maharic Sphere. Repeat this **Inhale-up / exhale-down Maharic Energizing Breath** several times, noticing that the **Maharic Cord grows larger** with each breath, expanding from approximately 4" to 6" to 8" in diameter, until finally the Maharic Cord expands outward to form a skin around, and within every cell of your body. The Maharic Energizing Breath loads your D-4 Astral field with Maharic Frequency.
8. Move your attention to the Pale Silver **Maharic Sphere** you have created in your 4th - Heart Chakra. **INHALE**, using the Inhale breath to move the **Maharic Sphere up to meet the Eckasha Hierophant** at the **14th Chakra** 36" above your head. As you do, sense a **Sheath of Eckasha Code-charged Pale-Silver Maharic Frequency** encasing your **D-1 etheric body**, radiating from **within the body to about 1" above the skin**. This Pale Silver Maharic "**Christos Skin**" charges and saturates your etheric body with Eckasha Code amplifies D-12 Maharic Frequency sub-harmonics; try to sense and experience directly the peacefulness and all-knowing nature of this frequency.
9. Now for **3 final breaths**. Tone the Eckasha Psonn, Um'-ah-A' ThrA'-E-na-A' . ..Ec'-ka-sha' 3 times. **INHALE** and **EXHALE**, using the Exhale breath to expand the Maharic Sheath "Christos Skin" further outward around your body and into your Auric Field, repeating the **Eckasha Tones** 3 times, as the Pale Silver Maharic Sheath **Christos Skin** begins to assume the **tear-drop shape** of the **Eckasha**. Repeat the **Eckasha Psonn** again, **INHALE**, then **EXHALE**, and as you repeat the tones see or feel the **Pale Silver Eckasha tear-drop expand fully outward into your Auric Field**, its top-point anchored in the **14th - Chakra** 36" above your head, its bottom embracing **Chakra-13** at Earth's Core below your feet. Repeat the Eckasha Psonn tones, **INHALE** and on the **final EXHALE** expand the Pale Silver Eckasha "Christos Skin" Maharic Sheath **out into the Universe** as far as you can, toning The Eckasha Psonn for the final time.
10. You may close by softly singing the **Psonn of Lyra** ("Invocation of the Maharata".)

Technique-2: Astral Awake, Aware & Able*

Network Sensing, Projection, & Shape-shifting 101

(EIROS FLAME ACTIVATION LEVEL-1)

Purpose: Technique-2 is designed to release the Dimensional Lock-3 Seal, between the D-3 Mental Body and the Density-1 Radial Body Eiros field, bringing the D-1 Atomic-Etheric Body out of Density-1 biological phase lock.

Preparation: Eckasha Quick Seal, (Technique 1): To activate D-12 Maharic Current
Also, you may choose to use a piece of **Celestite Crystal** in corresponding steps of this technique to amplify the frequencies generated.

1. Sit comfortably with eyes closed and slow breathing rate to about one half speed. Imagine that within the **center of your brain** there is a **small, dimly lit circular room**, with a gently **spiraling staircase** descending downward into a **calm pale blue-gray space of energy within you** that is called the "**Sleeping Room**". Place the focus of your mental attention in the **small circular room** at the top of the staircase. It is **dimly lit** in this space at the present time, so you will need to **FEEL THE SENSATION** of being within the circular room until your inner eyes adjust to the dim light. Feel the sensations around your physical body as if you were in a small, circular room. Observe...What temperature is the air as it touches your skin, cool, warm, cold, hot, comfortable? Observe ... Is there any sound in this space, and if so what kind of sound? Observe... Can you see any in this dimly lit space, objects, color, light?

2. Imagine that the **circular room is physically real** and that your **physical body is standing within it**. With eyes closed, **sense** with your physical and mental bodies **where the entrance to the spiral staircase is positioned**. If the spiral staircase were to magically open up now, **emerging from your physical body and into the room** you are now physically sitting in, **SENSE the area of your physical body from which the staircase would emerge**; this area represents your **natural "Departure Point"**. Is it to your left or right side, directly in front or in back of you? Is it above or below the navel? Is it above or below your head or feet? **Everyone has a Departure Point**; it is the area in the body template from which the mental body consciousness naturally expands to enter states of projection. **If at first you are unable to sense the Departure Point, simply "Imagine where you would like it to be and put it there"**.

3. Once you have located or created your Departure Point move the focus of your mental attention to this area of your body and imagine that your awareness is now poised at the top stair of the spiral staircase. The **Staircase extends downward from your Departure Point** into an area that resembles a **pale- blue-gray tunnel**. **SENSE** the location of the **staircase HAND-RAIL**, and imagine yourself **reaching out to grasp it** with the appropriate hand. With your physical palms resting in your lap, **SENSE the FEELING of the HAND-RAIL** within the **palm of your physical hand**, and **physically grasp the "invisible Hand-Rail"** with your chosen hand while it rests loosely on your lap now modeling the grasping gesture. The Hand-Rail is your guide as you prepare to descend the spiral staircase to the "**Sleeping Room**" below.

4. Using the **IMAGINED SENSATION of the Hand. Rail** in your palm as your guide, imagine now that your mental awareness begins to slowly walk down the dimly lit stairway. **COUNT EACH OF THE STEPS YOU TAKE** as you **slowly descend...1..2..3 to ...22**; everyone will have at least **22 Steps**, some people will have more. If you sense that more steps are there after the 22nd Step, **count the remaining steps** while imagining you are **rapidly walking down** them to the bottom. **Remember how many additional steps are there**; with repeated practice of this technique the steps below Step 22 will "disappear" and you will eventually find the 22nd Step is the bottom step that leads directly into the pale-blue-gray "**Sleeping Room**".

5. Now imagine that you are standing at on the **22nd (or bottom) Step**, and **release the Hand-Rail** while allowing your hand to relax in your lap. You may still experience very little visual sensory data as you enter the pale-blue-gray Sleeping Room. Imagine that you are **stepping from the 22nd Step to the granite floor of the Sleeping Room**, while imagining the Sleeping Room as a **Circular Granite Cave** that is dimly lit with a **very pale, diffused blue light**. In the center of the Sleeping Room there is an **ancient granite slab** that rises up from the floor to the height of a dining table. Imagine that you are **slowly walking forward with one hand extended**

to Feel your way along", as if moving through your physical home in the dark. Continue to SENSE that you are **walking forward in the Sleeping Room** until your **extended hand touches the raised granite slab in front of you**. When you reach the granite slab, imagine that you are reaching forward to retrieve something that sits upon the slab.

6. Imagine that you are **FEELING the top surface of the slab searching with your fingers to locate the small object** awaiting your retrieval. The object is a **very-pale-silver-blue Celestite Crystal, spherical in form, about the size of an orange, with an unpolished, rough-hewn texture**. The Celestite Crystal is the **door-key to your Density-1 Etheric Body**. Imagine **picking up the Celestite Crystal in your RIGHT HAND**, while modeling this hand gesture with your physical Right Hand as it rests in your lap. SENSE the **size, weight, texture and temperature of the Celestite Crystal** with your physical hand as if the invisible object were there. **INHALE pale-silver Maharic Current** from **Earth's core** up into your body through your **Central Vertical Current to the 4th Heart Chakra**, then **EXHALE the Maharic Current from the Heart Chakra down your RIGHT ARM into your palm and into the Celestite Crystal**. Take **3 more Inhale-Exhale Maharic Breaths**, each time energizing and activating the Celestite Crystal in your palm. At the **end of the last EXHALE**, imagine that the **Celestite Crystal is now glowing and pulsating with an aura of pale- silver-light**. You may see this pale-silver-blue aura around the Celestite Crystal in your Inner Vision and may sense the weight of the Crystal in your palm growing slightly less heavy; you may also sense nothing, but even so the **Celestite Crystal is activated**.

7. With eyes closed, **move your physical right hand**, imagining the activated Celestite Crystal within it, to a point on your **physical body just below the NAVEL**. "**Cup**" your hand over this body area, as if the invisible crystal was positioned between your palm and your body. **INHALE a Maharic Breath up to the Heart Chakra and EXHALE the breath down your right arm into and THROUGH the Celestite Crystal**. As the breath carries the Maharic frequency into your body there is a **sensation of mild "buzzing"** in the area **just below the navel** as the **DATA-KEY** stored in the Celestite Crystal moves into the corresponding "Lock" on the Etheric Body "Door". If you do not feel the "buzzing" sensation, send **up to 3 more Inhale-Exhale Maharic Breaths** through the Celestite Crystal, to **amplify the Maharic Charge** that will release the Data-Key. (Use of a physical Celestite Crystal in this technique will also assist in strengthening the frequencies generated). After 3 Maharic Breaths sufficient frequency will be generated, even if you do not yet feel the "buzzing" sensation.

8. As the Data-Key releases, imagine that your **body absorbs the entire Celestite Crystal**, removing it from your, palm and **transferring the Crystal into the Etheric Lock** below the navel. Let your right hand rest gently in your lap while **shifting your mental focus** to area of the body **where the Crystal has entered**. Imagine now that you can **sense the weight and gentle buzzing** of the Celestite Crystal within your physical body below the navel. The Crystal now **rotates slowly and pulses in a gentle rhythm, on every pulsation releasing a pale-silver-blue Celestite wave-field of frequency Rays** that contain the natural activation code mathematical program for your personal **Etheric Body**. Try to **become aware of each gentle pulse of the subtle Celestite Wave, or "C.WAVE"**, field as it **emanates from just below the navel and spreads outward in all directions through every atom in your body**, giving your **D-1 Etheric Body Field** its "Ancient Wake-up Call". **Relax and breathe slowly** for a few moments, to "get in touch with" the presence of the pulsing Celestite Waves. The "C.WAVES" are there even if you cannot yet sense their presence; your **D-1 Atomic-Etheric Body does sense them** and responds accordingly.

9. After a few moments of **sensing the C.WAVE pulses** moving through your body, **INHALE Maharic Current up to the 4th Heart Chakra**, then **EXHALE the Current within the 4th Chakra** to form a **small, pale-silver "Maharic Ball"** about the size of a golf-ball **within the 4th Chakra**. Take **2 more Inhale-Exhale Maharic Breaths**, using each subsequent Exhale to **expand the Maharic Ball** from golf-ball size, to "**orange**" size then to "**grapefruit size**", while observing the sensation of the Maharic Ball expanding in your Heart Chakra. Take a final Maharic Breath, this time **INHALING Maharic Current** directly into the Maharic Ball and using a forceful **EXHALE** breath to "**burst**" the Maharic Ball while pushing the released Rays of Maharic Current throughout your entire body and outward into your auric field.

10. Now, move your attention down to the **point below the navel where the Celestite Crystal entered** the body; this body point is called the **E-Umbi** (E- Um'-BE). **SLOWLY INHALE Maharic Current** upward from Earth's Core (Chakra-13) **TO THE E-UMBI ONLY**, by **keeping the chest, diaphragm and lungs as stationary as possible and allowing the SLOW inhale breath to expand your ABDOMEN and "belly" instead of expanding the lungs and upper portion of the body**. This is called **ABDOMINAL BREATHING**, a specialized breathing technique for running Kundalini and higher Life Force Currents into various "hard to

access" areas of the personal bio-Shields. Take a few Maharic Breaths in the Abdominal Breathing posture to become more familiar with this breathing shift. After a few practice breaths, **initiate the Activation Breath, INHALING Maharic Current into the E-Umbi while expanding the abdomen**, then **HOLD this breath** for a moment while **focusing mental attention on the Celestite Crystal in the E-Umbi**. **EXHALE SLOWLY**, using the Exhale breath to **push more Maharic Current downward from the Heart Chakra to the E-Umbi**. **Quickly return to regular, non-controlled breathing rhythm**, relax and breath gently for a few moments **waiting for a very subtle "pop" sensation or sense of expansion or warmth to occur within the E-Umbi**, as the **E-Umbi Lock Seal** (Dimensional Lock-3 Mental Body Seal releases, freeing the **D-1 Atomic Etheric Body for merger with the D-3 Mental Body** to initiate D-3 Mental Plane Projection Travel.

11. As the **E-Umbi Lock Seal releases**, you may or may not experience a momentary, sense of "light-headedness" or mental "spaciness" as the **D-3 Mental Body capsule opens and expands** into the **Etheric Body blueprint**. The Etheric Body exists as a **D-1 EirA Primal Current energy field** within and surrounding every atom, and which extends like a **"form-fitting pale-blue-gray energy space-suit"** around the entire physical body. The Etheric Body is now ready for "independent travel" under the direction of the D-3 Conscious Mind "Ego". How quickly one will become able to hold clear mental focus within the **Etheric Body Vehicle** depends upon the **personal level of DNA Template activation**; when **DNA Strand Template-4 FULLY activates**, the D-3 mind can simply shift its attention into the Etheric Body and "Step outside of the physical body for travels in the D-3 Mental Plane. Before full Strand-4 activation there will be various sensual and experiential phenomenon associated with the **accelerated Strand-4 activation** initiated through this exercise.

12. Relax and breath gently, with eyes closed, and imagine the **Etheric Body "spacesuit"** or "body replica"; imagine that you can see its pale-blue-gray form **sitting within your physical body in exactly the same position as the physical body**. Imagine now that you can fully direct the Etheric Body, and **move the LEFT ETHERIC ARM upward from your lap to a position over your head**, as if you were "raising your etheric hand". Use the **Mental Command, "THE ARM IS UP NOW"** as you "play" with the Etheric Arm, trying to get its to respond. You will know that your have "made the connection" when you begin to have a subtle but progressively more distinct sense that a **"lighter weight arm"** has moved to a different position than the physical arm. Regardless of whether or not you can "feel the Etheric Arm", next give the **mental command "BODY RELEASE NOW-RIGHT", while imagining that you and your Etheric Body are slowly standing up and moving out to the RIGHT (NOT LEFT) side of the physical body**. Imagine that you in your **"Pale-blue-gray spacesuit" are now moving to a different position in the room**, then out the door. See how far your attention can follow the Etheric Body before you loose track of its imagined projection.

13. Next, try to **"SHAPE-SHIFT"**. In your Pale-blue-gray spacesuit, imagine that you are walking back to **stand beside the RIGHT side of your physical body**. Unlike the physical body in its present condition, the **Etheric Body has more flexibility of form** than that currently available on a physical level. Realize the **YOU ARE THE SPACESUIT ...** it is the form that you consciousness carries in communion with the Etheric Body, just as your physical body is form your consciousness carries when you are in biological D-3 focus. **Choose a FORM...** an object, plant animal etc. and imagine that your **Etheric Body is now a pale-blue-gray "Cloud" of energy, hanging in the air to the RIGHT** of your physical body, awaiting your command as to what form it will become. **Hold in mind the image or intention of the form you wish to create then visualize or imagine** that your Etheric Body has complied and **"turned itself into the form"** as the **pale-blue-gray form now hangs in the air at the RIGHT side of your body**. Try to feel the sensation of **BEING this form**, and of **moving AS this form**, across the room etc. With practice **Etheric Body perception will progressively "turn on"** and this exercise will take on the very REAL experiential quality of **Etheric Body D-3 Mental Plane Projection**.

Technique-3: The Eiros Flame and the Silver Sanctum*
Activating the Celestite Crystal & the Etheric Body Eckasha Seal
(Eiros Flame Activation Level-2)

Purpose: Once the E-Umbi passage below the navel has been opened through release of the Celestite Crystal of **Dimensional Lock-3**, the D-3 Mental Body field **opens into the Radial Body Eiros Field**, causing the polarized D-5 / D-7 Eiros to de-polarize to a **D-12 Manu Reion Field**, the Density-1 body is prepared to receive the frequencies of the **fully activated Celestite Crystal** and the Density-1 Eiros Flame Eckasha Body, or "**Silver Sanctum**". Activation of the Eiros Flame **opens the "Many Window" surround the Density-1 Hove Body**, which will begin activation of the **Density-1 Manu Windows** in the **nucleus of every atom in the body**.

Preparation: *Eckasha Maharic Quick Seal* (Technique 1): to activate D-12 Maharic Current. Also, you may choose to use a piece of **Celestite Crystal** in corresponding steps of this technique to amplify the frequencies generated. **Astral Awake, Aware & Able** (Technique-2) : release Dimensional Lock-3 Seal between D-3 Mental Body and Density-1 Eiros Field to bring D-1 Atomic Etheric Body out of biological phase-lock.

Procedure:

1. Relax and breathe slowly while **focusing the mental body attention on the E-Umbi point** just below the navel. Imagine your **consciousness as a spark of pale silver Maharic light, placed within the Celestite Crystal Sphere within the E-Umbi point**.
2. With your **attention focused in the Celestite Crystal** at the E-Umbi, give the **mental command "Shift NOW"** to the **Etheric Body vehicle**, while **imagining your Etheric Body moving out to the RIGHT of your physical body**, with the "**Silver Spark**" of your consciousness placed within the **brain centre Pineal Gland of the ETHERIC Body**. From the Etheric Body the Eiros Flame within and surrounding the body can be activated.
3. Using the vertical breathing rhythm of running the Maharic Current within your physical body, you will move the Silver Spark within the Etheric Body. **INHALE Maharic Current** up from Earth core and into the **4th (Heart) Chakra**. **In one breathing motion, EXHALE the Maharic Current into the Heart Chakra then direct its flow downward to the Celestite Crystal** at the E-Umbi. Take **2 more Maharic Breaths**, using each **EXHALE** to expand Maharic Current into the Heart Chakra then down into the **Celestite Crystal**. Following the last Maharic Breath, **INHALE Maharic Current up from Earth core** directly into the **Celestite Crystal** at the E-Umbi. **INHALE DEEPLY with your attention focused on the Celestite Crystal then EXHALE forcefully into the Crystal, while imagining that the Celestite Crystal moves with the breath into the E-Umbi CORD and to the RIGHT**, passing from your physical body into the **E-Umbi of the ETHERIC Body**. Imagine that the pale-silver-blue Celestite Crystal is now nesting comfortably within the **E-Umbi point of the Etheric Body**.
4. Bring your attention to the **pale-silver Spark at the Pineal Gland of the Etheric Body**. **INHALE** in the physical body, then **EXHALE forcefully**, while imagining that the **Silver**

Spark "rides the breath current", moving rapidly **down from the Etheric Pineal into the Celestite Crystal at the Etheric E-Umbi point**. When the Silver Spark intersects with the Celestite Crystal a momentary **etheric "flaring" occurs**, as the **Celestite Crystal bursts into a small pale-silver-blue EIROS Flame about 1 high within the Etheric Body E-Umbi**. **INHALE then EXHALE**, and imagine that the **pale-silver-blue Eiros Flame spreads throughout every atom of the Etheric Body**, turning the pale-blue-gray Etheric Body into a brilliant, **glowing, shimmering Pale Silver Blue Etheric body** that glows and gently **pulses**, sending **Rays of Pale Silver-blue energy outward through and beyond the Etheric Body** into the bio-field with every pulse.

5. Focus your attention on the **small Eiros Flame at the Etheric Body E-Umbi and INHALE**, using the Inhale breath to **draw the Eiros Flame through the E-Umbi CORD and into the physical body E- Umbi point**. **EXHALE forcefully**, using the Exhale breath to **push the Eiros Flame down to the 13th Chakra at Earth's core**. When the **Eiros Flame enters the Chakra Seals of Chakra 13**, again the **Eiros Flame momentarily "flares"**, **filling every atom in the physical body with Pale-silver-blue Eiros Maharata Divine Blueprint frequency**. **SENSE** the release of the EIROS Wave, or "E.WAVE" within the physical body as a **gentle "ripple"** of energy that moves simultaneously in all directions, throughout the physical body.

6. With **attention focused on the Eiros Flame at Chakra.13**, **INHALE DEEPLY** and **draw the Eiros Flame upward to the 4th (Heart) Chakra**. Focus your **attention on the INSIDE of the Eiros Flame**, then **EXHALE forcefully**, using the Exhale breath to **rapidly expand the Eiros Flame from within the Heart Chakra and outward through the body, until the Eiros Flame is fully expanded around the entire body and outward several feet into your Auric field, forming the Pale-Silver-blue Eckasha "Inner Sanctum" body Capsule**.

7. Direct your **attention back to the ETHERIC Body positioned to the RIGHT** of your physical body. **INHALE, drawing the Etheric Body horizontally back into the physical body**. When the 2 bodies rapidly and fully align, the **activated Eiros Flame Eckasha Capsule will momentarily "flare"**, as the Eiros Flame phase-locks within both the Etheric and Physical bodies. The Eckasha Seal Eiros Flame and the Celestite Crystal are now fully activated. The Celestite Crystal will remain in position at the Etheric Body E-Umbi, until you next use the Technique-1-2-3 sequence to re-activate and amplify the **Eiros Flame activation, at which time the Celestite Crystal will again be found on the granite slab within the "Sleeping Room" at the bottom of the 22 Step Spiral Staircase**.

The Celestite Crystal will remain in position at the **Etheric Body E-Umbi**, until you next use the Technique - 1-2-3 sequence to re-activate and amplify the Eiros Flame activation, at which time the Celestite Crystal will again be found on the granite slab within the "Sleeping Room" at the bottom of the 22 Step Spiral Staircase.

Technique-4: Commanding Silence from the "Inner Throne of Power" (Amoraea Flame Activation Level-1)*

Purpose: To create a calm, clear space in the D-3 Mental body, and quiet the "inner chatter" of Sub-personality Fragments, Figments, Elemental Attachments and Shadow that emerge from the D-1/D-2 Sub-conscious Mind during DNA Template activation and spiritual integration. Empowering the relationship between D-3 Ego and the Higher personal Inner Christos to strengthen the Ego's ability to reclaim its naturally intended power as co-director and healer of the sub-conscious forces. Frequent use of the full technique will, over time, create a **"Sub-conscious healing field"** within you that functions on "Auto-pilot" as a Subliminal **Self-healing Empowerment Program** that progressively **imbeds within the DNA Template** to heal the distorted Template imbedding of the Shadow.

Preparation: Eckasha Maharic Quick Seal Activation (Technique-1): To activate D-12 Eckasha Code amplified Maharic Current and strengthen bio-energetic field integrity. The **"Silver Sanctum Sequence"** of "Astral Awake, Aware & Able" (Technique-2 Eiros Flame Activation Level-1) and "The Eiros Flame & the Silver Sanctum" (Technique-3 Eiros Flame Activation Level-2) must be done previously **at least one time (in this lifetime)** to engage the Silver Sanctum-Eiros Flame Activation. The activated Density-1 Eiros frequencies are required to interface with the Amoraea Gateway featured in this, Technique-4.

1. After running the Eckasha Maharic Quick Seal, close eyes and breathe slowly for a few moments. Move your mental attention to a **point of focus at the top of the breastbone**, at **Chakra-8**, just above Chakra-4 and below Chakra-5, below the clavicle. Beneath this position on the physical body lies the **Azur-A**, the tiny **"central control centre"** for the embodied Kathara Grid Template, within the base of the Thymus Gland. With attention focused in the Azur-A, imagine that a deep-Azure-blue **Azurite Crystal Sphere** is located within the Azur-A; within the Azurite Crystal lies the **"Throne of Power"**, the Centre Point of the embodied **Ecka God-Seed**, through which the **Eternal Flame of Amoraea** embodies.

2. Imagine now that your awareness is a **Spark of Pale-silver Maharic Light**; **AS** this Spark of Maharic Light, imagine that you are **travelling into the centre of the Azurite Crystal Sphere**, to the **Gateway of the Amoraea Flame of Eternal Christed Love**. Imagine **Amoraea Gateway as a tiny Maharic Silver-Egg**, the cosmic **Amoraea Egg**, encased within a **deep-Azure-blue spherical standing-wave**. Imagine that you, as the eternal **Maharic Spark** move to the centre of the Amoraea Egg within the Azurite Crystal. You have entered the place of **your Eternal Birthright**; you have entered the **Hallowed Ground** of your original **Divine Heritage** as a living expression of the ONE God-Source. The Amoraea Egg, within the Amoraea Gateway and Manu Azurite Flame is the **Eternal STILL POINT** through which the **"Still Small Voice of the God-Self Within"** speaks. Visualize or intend that you, as the **Spark of Maharic Light**, are now positioned within the **Amoraea Gateway**... a Pale-silver Spark of Light encased within the Pale-silver Amoraea Egg, within the Eternal Azurite Flame of the deep-Azure-blue Azurite Crystal Sphere, the Inner Ecka Centre-point of Creation. **Here, all things are eternally still, calm and peaceful**. Here is the **SANCTUARY WITHIN; the INNER TEMPLE OF Khem-a-Lo-Ha-Tea**, the Eternal **"Safe Ground"** and Perpetual Guardian of one's personal, eternal, **DIRECT** relationship to God-Source.

3. INHALE Maharic Current up from Chakra-13 Earth core and into the Azurite Crystal centre, directly into the Amoraea Gateway, through the Azurite Flame and into the Amoraea Egg. **EXHALE** gently filling the Amoraea Egg with Maharic Current. Imagine now that the Amoraea Egg has begun to awaken, responding to your intention and desire to return to the AT-ONE-ment with your God-Self. ..the Amoraea Egg now fills with pulsating Pale-silver Maharic Light, and expands, growing larger and larger, extending outward to encase your physical body in a beautiful, shimmering Egg of Eternal Life. Imagine now that you can **SENSE** the living presence of God-Source and your personal God-Self EVERYWHERE around you. You are encased within its eternal love, mercy, protection and Divine Understanding. Imagine that you can see and feel the Amoraea Egg fully encasing your physical body, and that an Azurite Flame of deep-Azure-blue extends into the room, fully enshrouding you within the Amoraea Egg capsule. Extend your imagination to remember that beyond the Azurite Flame is the Azurite Crystal Sphere; **SENSE** the Azurite Crystal as extending 20 feet or more around your physical body in the room. You have brought your "Throne of Power" directly into the 3-D world now; you ARE the STILL POINT NOW. You have brought the Amoraea Gateway directly to the doorstep of D-3 finite creation. From this point of eternal power and love you can heal all, understand all, love all, co-create all. Within the Amoraea Egg you and God-Source are one. You ARE NOW your GOD-SELF.

4. Breathe slowly and gently and FEEL THE TRUTH OF YOUR GOD-SELF ...HERE,...NOW ETERNAL. **FEEL the TRUTH of your PEACE**; acknowledge and fully affirm this with strength, repeating OUT LOUD the following "**DECLARATION OF THE GOD-SELF**", **SPEAK THE WORDS OF YOUR TRUTH NOW**: "I AM PEACE NOW"... "I AM AT ONE WITH ALL" "I AM IN A SAFE AND LOVING UNIVERSE NOW" "I AM LOVE AND I AM LOVED" "I AM INNOCENT" "I AM HEALED" "I KNOW MY ETERNAL TRUTH NOW" "I AM MY ETERNAL TRUTH NOW" "I AM ONE WITH GOD NOW" "I EXPRESS AS GOD NOW". ..."**AND SO IT IS!**" Repeat this affirmation of the **Eternal Truth of the God-Self** until you begin to **FEEL THE REALITY and FREQUENCY** of the words. Speak this TRUTH to every atom and cell in your physical body. Speak this truth strongly and continually until you have generated a critical mass of energy and intention that is strong enough to call to silence, surrender and healing all shadow voices of fear and limitation. Repetition of this truth will build the reality of its strength into a tangible, impermeable living wave form of Eternal Truth, Love and Power.

5. INHALE deeply, drawing Maharic Current up again to the Azur-A Point at the Thymus Gland. **EXHALE** Maharic Current into the Azur-A and **FEEL** the Maharic Current rapidly expand to every atom and cell in your physical, emotional and mental body. The Maharic Current is the **CARRIER WAVE** through which your affirmation of **ETERNAL TRUTH** is carried into every part of your being. Notice now if there is any tension, fear, discomfort, unease, mental-emotional-physical distraction occurring within your being. Pay attention to how your **BODY** feels, and **SEEK OUT** areas of self that are resisting the **SPOKEN TRUTH** of the **GOD-SELF WITHIN**. When you locate an area of resistance, focus your attention directly upon it, and mentally **RESTATE** your **DIVINE CONVICTION** as follows:..." I AM THE VOICE OF PEACE" "I AM THE VOICE OF KNOWING" ..."I AM THE VOICE OF GOD-SELF" "I NOW ADDRESS THEE, AND SEND TO YOU NOW; FROM MY UNLIMITED STORE OF ETERNAL POWER AND LOVE, ANY HEALING THAT YOU MAY REQUIRE". After mentally addressing

and sending the Divine Intention of Healing and Love to the area of resistance within you, again **INHALE Maharic Current up into the Azur-A Point. EXHALE the Maharic Carrier Wave into the Azur-A**, allowing it to "carry your stated gift of healing and love" to every area of your being. Imagine that you are **directing part of the Maharic Carrier Wave directly to the discovered areas of resistance**. Breathe several Maharic breaths **into and through the Azur-A "Throne of Power"**, sending the gift of love and healing to all dis-harmonic energies within you.

6. Take a **DEEP INHALE of Maharic Current into the Azur-A and HOLD THE BREATH** as long as comfortably possible, while **mentally affirming: "I DECREE THE FOLLOWING INTENTION FROM THIS, MY THRONE OF POWER". EXHALE forcefully and FEEL** your entire body, every atom, every cell, poise itself in readiness to receive Divine Instruction. **Mentally or out loud affirm the following: "I RETURN NOW TO MY WORLD OF INTENTION, IN CALM AND CENTERED PEACE AND PRODUCTIVITY". ..."I COMMAND NOW THE SILENCE OF THE ETERNAL GOD-MIND" "I EMBRACE NOW THE STILLNESS WITHIN" "I GO FORTH NOW IN JOYOUS VICTORY" "SO AS IT IS DECREED, SO AS IT IS DONE!"**

7. **INHALE Maharic Current directly from the Azur-A, then EXHALE "horizontally"**, using the Exhale breath to expand a **Maharic Wave DISC outward from the Azur-A**, extending its perimeter to touch the inside of the **Amoraea Egg** around your physical body. **INHALE**, and imagine that the **Maharic Disc is now contracting** with the Inhale breath, drawing the **Amoraea Egg, Azurite Flame and Azurite Crystal back into the Azur-A**. **Exhale once more into the Azur-A**, using the Exhale breath to **deposit your "Throne of Power" back into its home station within the Azur-A** in the Thymus Gland. Open your eyes and **FEEL the LOVING POWER that lives always now within you**. In times of stress, draw **Maharic Breath into the Azur-A and Azurite Crystal to stimulate and re-activate the God-Self Truth affirmation-wave**.

Technique-5: Born Free-Live-Free Shadow Healing Preparation

Releasing Elemental & Figment Attachments*

Purpose: To prepare the Density-1 physical, emotional and mental bodies for Core Template Shadow Dancer Residue healing applications by clearing portions of the Density-1 atomic-etheric, elemental-chemical and mental Miasmatic Shield Imbedding and releasing Density-1 Elemental and Figment Shadow Body Attachments. Assists the Shadow Body to lighten its load and raise in frequency by releasing portions of its Density-1 Attachment Miasmatic content, enabling the Density-1 Shadow Body to more easily link with the natural Christic Body for healing. This technique utilizes a Linguistic Template Re-programming Grid (LTR) in the ancient *Elohei-Elohim Anuhazi language*, expressed as the Language of the Nodus to call upon the portions of your personal consciousness of the D-1-2-3 Nodes within your Density-1 Telluric Shield. The LTR Tones activate the Node Flame and its Base-12 in full Maharic Coding to assist you in co-creative healing.

Preparation: If one has run **The Eiros Flame & Silver Sanctum** (Technique-3) and **Awakening the Amoraea Flame** (Technique-7) **at least one time within 6 weeks**, this Technique-5 can be run with only **The Eckasha-Maharic Quick Seal Activation** (Technique-1) as preparation. Otherwise, **Commanding Silence from the Inner Throne of Power** (Technique-4 Amoraea Flame Activation Level-1) and its **preparation sequence** is required **directly prior to engaging Technique-5**, as this technique requires the strength of frequencies generated through at least partial activation of the **Throne of Power Azurite Crystal**.

1. After completing Technique-1 (or following the final step of Technique-4), breathe gently and relax in a comfortable position. Call to mind the **image of your Silver Sanctum** pale-silver-blue Eckasha Capsule, and imagine an image of the Silver Sanctum centered within the **Amoraea Egg within the Azurite Flame and Azurite Crystal** at the **Azur-A point** in the base of the Thymus Gland. **INHALE** Maharic Current up into the **Azur-A and directly into your Silver-Sanctum capsule** stationed within the Amoraea Egg. **EXHALE** Maharic Current **into your Silver-Sanctum**, using the **Exhale breath to expand the Silver Sanctum capsule and everything around it** (Amoraea Egg, Azurite Flame, Azurite Crystal) **through and outside of the physical and Etheric bodies and into the Auric Field several feet out from the body**. Take **3 more deep Inhale/Exhale Maharic Breaths exhaled into the expanding Silver Sanctum** to complete its expansion outward into the Auric field completely surrounding the physical and Etheric bodies several feet out on all sides. **FEEL yourself sitting calmly and peacefully within the Sacred Space of your Silver Sanctum**.
2. Close your eyes and breathe slowly and deeply for a few moments, **FEELING your Internal Christos Power Base as a living wave of consciousness** that is now alive

and awakened within you. **Relax your physical facial muscles** into the posture of a relaxed, peaceful, contented **SMILE**. Move the focus of your attention to the **E-Umbi point** just below the Chakra-2 centre-point **at the navel**; imagine that you can **see the trapped, distorted Density-1 Elemental and Figment Attachment POWER CENTRES**. Imagine the Attachment Power Centres as **Small, Shiny Black Spheres resembling Polished Coal** that **orbit around** what appears to be a **Central Dark Sun**, (the Dark Fallen Sun) which appears **within the Central Vertical Current** at the E-Umbi point as a **Rotating Dull Grey-Black Sphere resembling Metallic Iron** about the **size of a Golf Ball**, that is surrounded by a **radiant muddy looking yellow-orange static Aura** approximately **1-inch thick**. The Dark Sun around which the Attachment Power Centres orbit is the **D-1.75 Heart of Anubis 4th Black Heart of Metatron Implant** that draws in and holds Attachments within the Density-1 Shadow Body. Breathe calmly and slowly for a moment while observing or imagining this Density-1 **Shadow Solar System** that is formed by the Density-1 **Metallic Iron Anubis Black Heart Implant** and **Carbon-Crystal Cores** of the Reversed-matrix Density-1 **Attachment Shields**.

3. Take **2 or 3 Inhale/Exhale Maharic Breaths**, exhaling Maharic Current upward to form a **pale-silver Maharic Sphere within the 4th Heart Chakra**. Place your **RIGHT PALM over the E-Umbi point** just below the navel and **INHALE another Maharic Breath**, using the Inhale to **draw the Maharic Sphere from the 4th Chakra upward and into the Azur-A point** at the Thymus base. **EXHALE Maharic Current** into the **Amoraea Egg** at the centre of the **Azurite Flame** within the **Azurite Crystal Throne of Power**.
4. **INHALE another Maharic Breath up and into the Maharic Sphere** in the Azur-A Amoraea Egg, then **EXHALE forcefully**, using the Exhale breath to **push the Maharic Sphere all the way down from the Azur-A, into the 4th Heart Chakra**, then **down the RIGHT arm and through the RIGHT PALM, pushing the Azur-A Coded Maharic Sphere directly through the E-Umbi point and into the center of the Dark Sun Metatronic Iron-Heart Implant**. Take **2 more Inhale/Exhale deep Maharic Breaths**, exhaling Maharic Current forcefully into the **Dark Sun**.
5. Place your **mental attention on the Dark Sun Implant**, hold a **clear mental intention** of *We Co-create Attachment Healing NOW* and **repeat out loud the following LTR (Linguistic Template Reprogramming) Fire Letter Language Command: Dur-et-A E-sa Nur-un-A TaA Duh!**. Upon contact with the **Node Tone Command and Azur-A Coded Maharic Current**, imagine that the **Dark Sun Implant momentarily shudders, wobbles and stops rotation**. As the Dark Sun monetarily ceases to rotate imagine that the **Attachments Small Black Carbon-Crystal-Sphere Shield Cores to begin dropping downward out of their orbit** around the Dark Sun Implant. **INHALE Maharic Current upward to Chakra-2 at the Navel** and **EXHALE forcefully**, using the Exhale breath to **activate your Density-1 TELLURIC SHIELD**. Imagine that your **Telluric Shield pops out from its Chakra-2 Core Orange Seed Crystal Seal**, which appears as a *small, grape-sized Orange Crystal Sphere* within your **Central Vertical Current**. Imagine that your **Telluric Shield extends outward on a horizontal plane from Chakra-2 Orange Seed Crystal Seal**. Imagine your Telluric Shield **extending outward from your body at the Chakra-2 Navel area**, to form a **3-foot rotating disc of pale-pink/pale-peach/pale-yellow light** surrounded by a **pale-silver Maharic Aura**.

6. **INHALE Maharic Current upward and into the Chakra-2 Orange Seed Crystal Seal at the centre of your Telluric Shield within the Central Vertical Current. As you Inhale, imagine that the Inhale Breath is drawing all of the freed Shiny Black Spheres of the Attachments Core Carbon-Crystals into the Chakra-2 Orange Seed Crystal Seal. Imagine that the *Orange Sphere* of the Chakra-2 Orange Seed Crystal Seal momentarily turns a deep, dark, murky orange-brown hue, as the Seed Seal collects the freed miasmatic Attachment Carbon-Core-Crystals. INHALE Maharic Current into the Chakra-2 Orange Seed Crystal Seal, and imagine the image of your small pale-silver-blue EIROS FLAME at the E-Umbi point just below the Navel. EXHALE the Maharic Breath into the Chakra-2 Orange Seed Crystal Seal, while imagining that the pale-silver-blue Eiros Flame flares upward, its top point gently piercing the Orange Seed Crystal Seal at the centre of Chakra-2**
7. **INHALE a slow, gentle Maharic Breath up through the pale-silver-blue Eiros Flame and into the Murky Orange Sphere of the Miasm Loaded Chakra-2 Seed Crystal Seal; EXHALE Maharic Current gently into the Seed Seal Murky Orange Sphere. Imagine that the Small, Shiny Black Miasmatic Attachment Crystal Spheres all simultaneously pop, transmuting into tiny, radiant sparks of pale-silver-blue Eiros energy, that quickly cool down to form tiny pale-silver-blue smooth Celestite Crystal spheres. Imagine that as the Celestite Crystal Spheres form, the colour of the Chakra-2 Seed Crystal Seal clears and glows radiant Orange, returning to its natural D-2 Orange frequency wavelength.**
8. **With your mental attention on the Spiralling Vortex at Chakra-2, place your LEFT PALM over the Front Spiral of the Vortex at the Navel, and INHALE Maharic Current up and into the Chakra-2 Seed Crystal Seal. Gently EXHALE the Maharic Current horizontally, running a think, pale-silver Steam of Maharic Current simultaneously backward and forward through and out of the front and rear Chakra-2 Spirals. As you Exhale, imagine that the tiny Celestite Crystal Spheres containing the Shields of the previous Attachments are magnetically drawn into your LEFT PALM that is covering the front Chakra-2 spiral. Imagine that pale-silver-blue sparks of Eiros energy gently spiral outward from the rear spiral of Chakra-2 to disburse as a pale-silver-blue glittering cloud within the your Auric Field about 1-foot out behind the physical body.**
9. **Return to non-directed breathing, and breath gently for a few moments, while imagining that your Telluric Shield disc automatically contracts back into the Chakra-2 Orange Seed Crystal Seal within the Central Vertical Current behind the Navel, as the last Celestite Crystals draw into your LEFT PALM. Close your LEFT HAND around the Invisible Celestite Crystals then lift your hand upward and a bit away from your body as if you are about to let a butterfly fly free from your Left hand. Slowly open your Left Hand, with Palm facing upward, and imagine that ghost-like beings made of pale-silver-blue Eiros light joyfully fly free from your Left hand. As the freed Elementals and Figments return to their natural Christiac evolutionary path, issuing a joyful, telepathic Thank You to you for loving them enough to set them free. Before disengaging your attention, issue your own telepathic Thank You to your own D-12 Christos Avatar Self, the Nodus consciousness of the Rays and the ONE God-Source of All Creation for this blessed opportunity to co-create Healing through the frequencies and consciousness of Divine Christiac Love.**

Technique-6: Shadow Shielding - Shadow Healing Step-1
Shadow Body Silver Sanctum Bonding
(Amoraea Flame Activation Level-2)*

Purpose: To prepare the Density-1 physical, emotional and mental bodies for Core Template "Shadow Dancer" healing applications by bonding the Shadow Body to the Silver Sanctum protection field to further raise and strengthen it's natural frequencies and accelerate Shadow Body Miasmatic Transmutation via Divine Blueprint Infusion. Strengthens Shadow Body immunity to Attachments while accelerating Miasmatic clearing in the Shadow Body. Hailing the Nodus and using Capstone Nodes to accelerate transmutation of Shadow Body Shield Reversals, enabling the Shadow Body to more easily link with the Christiac Body for healing. This process is facilitated by the D-14 ManA & D-12 ManU Nodus Currents, also known as the "Golden-Silver ONE."

The "**Golden-Silver-ONE**" Current is the **Rishiac Capstone ManA Nodus** consciousness of the D-14 "**Ra**" Ante-matter Gaseous Primal Light Field merged with the **Christiac Capstone ManU Nodus** consciousness of the D-12 "**Ma'a**" Divine Blueprint Pre-matter Liquid Light Field. **Together, the 144 Fire Letters of the Ma'a Nodus and the 168 Fire Letters of the "Ra" Nodus form the 312 Fire Letters of what is called the "Sacred Secret Psonn"**, or the **Ra-Ma'a Current**, which is the **Primal Capstone Ray of Transmutation** through which **all things made of "Light"**, (such as "frozen light" matter units) are **returned to their organic pre-manifestation state of Primal Sound Vibration** for return to the **Khundaray Primal Sound Fields** through direct **de-manifestation.**

Frequent toning of sets of 12 repetitions of the "Secret Psonn"... "Ra-Ma'a"... will progressively accelerate and strengthen the transmutative functions of the Shadow Body's Golden-Silver-ONE Aura Filter. Frequent use of the entire Technique-6 will progressively amplify the strength, longevity and intensity of the Shadow Body Silver Sanctum Eckasha capsule Seal, while advancing the process of automated Shadow Body miasmatic transmutation.

Preparation: If one has run **The Eiros Flame & Silver Sanctum** (Technique-3) and **Awakening the Amoraea Flame** (Technique-7 Amoraea Flame Activation Level-3) **at least one time within 6 weeks**, this **Technique-6 can be run with only The Eckasha Quick Seal Activation** (Technique-1) and **Born Free-Live Free-Shadow Healing Preparation** (Technique-5) as preparation. Otherwise "**Commanding Silence from the Inner Throne of Power**" (Technique-4 Amoraea Flame Activation Level-1) and its **preparation sequence**, and Technique-5, is required **directly prior to engaging Technique-6**, and this technique requires the strength of frequencies generated through at least partial activation of the "**Throne of Power**" **Azurite Crystal** and requires recent (within 12 hours) release of an Elemental and Figment Attachment layer to be most effective.

Procedure:

1. After completing Technique-1 and Technique-5 (or Technique-4 sequence and Technique-5) breathe gently and relax in a comfortable position. Call to mind the **image of your Silver Sanctum** pale-silver-blue "Eckasha Capsule" and imagine an image of the Silver Sanctum centered within the **Amoraea Egg within the Azurite Flame and Azurite Crystal** at the **Azur-A point** in the base of the Thymus Gland. **INHALE** Maharic Current up into the **Azur-A and directly into your Silver-Sanctum capsule** stationed within the Amoraea Egg. **EXHALE** Maharic Current **into your Silver Sanctum**, using the **Exhale breath to expand the Silver Sanctum capsule and everything around it** (Amoraea Egg, Azurite Flame, Azurite Crystal) **through and outside of the physical and Etheric bodies and into the Auric Field several feet out from the body**. Take **3 more deep Inhale/Exhale Maharic Breaths exhaled into the expanding Silver Sanctum** to complete its expansion outward into the Auric field completely surrounding the physical and Etheric bodies several feet out on all sides. **FEEL yourself sitting calmly and peacefully within the Sacred Space of your Silver Sanctum.**

2. Focus your mental attention at the **E-Umbi point** just below the Navel and call to mind the **image of the "Dark Fallen Sun"**, the D-1.75 "Heart of Anubis" 4th Black Heart of Metatron implant. The Density-1 "Dark Sun" appears **within the Central Vertical Current** at the E-Umbi point as a **Rotating Dull Grey-Black Sphere resembling "Metallic Iron"** about the **size of a Gold Ball**, that is surrounded by a **radiant "muddy looking" yellow-orange static Aura** approximately **1-inch thick**. Imagine that you can see a **Metatronic "Feeding" Cord, a narrow "pipe" or "hose" like structure that extends out to the rear of the body on a horizontal plane from inside the E-Umbi point "Dark Sun," to a position in your Auric Field just behind your Left Hip, about 6-8 inches beyond the physical body**. The **Density-1 Shadow Body** links to the organic Density-1 physical and Etheric bodies via the 4th Black Heart implant within the Etheric Body and Shadow Body **E-Umbi points**; the Density-1 Shadow Body **stands behind and to the Left, with its back to the physical body, on the DNA Strand-2 "Node Line."** Imagine that you **follow the Metatronic Cord to its connection point within the Shadow Body Sub-Shield, where the horizontally extending Cord connects to the Shadow Body via a small, Dull-Grey-Black "Iron Core Crystal Sphere"** approximately the **size of a large marble**. In your "mind's eye" imagine that you are **mentally focusing upon the small Shadow Body Iron Core Crystal** behind you in your Auric Field.

3. **INHALE pale-silver Maharic Current** up from Earth's core to the **E-Umbi Point** in your physical/Etheric Bodies, while **calling to mind the image of the small pale-silver-blue Eiros Flame** stationed at the E-Umbi point. **Forcefully EXHALE Maharic Current into the Eiros Flame center** at the E-Umbi point. Imagine that the **Eiros Flame "flares" then expands with the Exhale Breath** forming a **secondary Silver Sanctum Eckasha capsule REPLICA** within the boundaries of the primary Eiros Flame Eckasha capsule surrounding you.

4. Return your attention to the **physical/Etheric E-Umbi point**. **INHALE Maharic Current** into the physical/Etheric **E-Umbi point**, then **forcefully EXHALE** the Maharic Current **through the E-Umbi point and out into the Silver Sanctum Eckasha capsule REPLICA** in your Auric Field. **INHALE another Maharic Breath**, this time imagining that the **Silver Sanctum Replica rapidly CONTRACTS** with the Inhale breath, **drawing back into the physical/Etheric E-Umbi point**, to become a **tiny pale-silver-blue Eiros Flame REPLICA** within the E-Umbi point. **EXHALE strongly**, while imagining that the **tiny Eiros Flame Replica enters the Metatronic "Feeding" Cord "pipe-line"** at the physical/Etheric E-

Umby point, then **travels on the Exhale breath horizontally across the Metatronic Cord** and directly into the **Dull Grey-Black Iron Core Crystal "Dark Sun" Implant of the Shadow Body E-Umby point.**

5. With the pale-silver-blue **Eiros Flame Replica stationed in the "Dark Sun" Iron Core Crystal Implant of the Shadow Body**, **INHALE** Maharic Current up from Earth's Core, through your physical body Central Vertical Current to the **4th Heart Chakra**. **EXHALE** the Maharic Current from the 4th Chakra **upward and out the top of your head to Chakra-14** 36-inches above the head. **INHALE**, while imagining a **small marble sized pale-yellow sphere of light**, the **"Pale-Golden CAPSTONE NODE" D-14 Pale-Gold-Flame Core Crystal**, within the center of the **14th Chakra**. Use a **forceful EXHALE Breath to push the Pale-Golden Capstone Node downward** from the 14th Chakra to the **physical/Etheric E-Umby point** below the Navel.

6. **INHALE a 2-POINT ABDOMINAL Maharic Breath**, simultaneously drawing **D-12 Pale-silver Maharic Current upward** from Earth's Core to the **E-Umby meeting point**, while drawing **Pale-Gold-D-14 Current downward** from Chakra-14 to meet the Maharic Current within the E-Umby. Imagine that the Pale-silver D-12 Maharic and Pale-Gold D-14 Kee-Ra-ShA Currents **combine** within the **E-Umby**, to form a small **Sparkling Pale, Golden-Silver Sphere**, the **"Golden-Silver-ONE"**, in the E-Umby point.

7. With the pale **Golden-Silver-ONE Sphere** stationed **within the physical/Etheric E-Umby point**, take a **deep, single-point Maharic Breath**, drawing **Maharic Current into the Center of the Golden-Silver-ONE Sphere**. **EXHALE slowly and deeply**, while **imagining the Golden-Silver-ONE Sphere passing into and through the Metatronic Cord**, traveling with the Exhale Breath **into the center of the small Eiros Flame Replica** that is waiting at the center of the Dull Grey-Black Iron Core Crystal "Dark Sun" Implant in the **Shadow Body E-Umby point**.

8. Return to **non-directed breathing and imagine that the Golden-Silver-ONE Sphere begins to automatically expand within the pale-silver-blue Eiros Flame Replica**. Pushed from within by the expanding Golden-Silver-ONE Sphere, imagine that the **Eiros Flame Replica is expanding outward from the "Dark Sun" Implant, through and beyond the boundaries of the Shadow Body**, until the Eiros Flame Replica has formed a **Silver Sanctum Eckasha capsule completely around the Shadow Body**. Now imagine that the **Golden-Silver-ONE Sphere contracts to form a pale Golden-Silver-ONE "aura filter"** surrounding and permeating the **"Dark Sun" Iron Core Crystal Sphere**, while leaving the **Silver Sanctum Eckasha capsule secured around the Shadow Body**.

9. Begin to **transmute the miasmatic content of the Shadow Body by toning out loud, 6 times**, the **"Sacred Secret Psonn" Golden-Silver-ONE Nodus Name: Ra-Ma'a.....** With the sounding of the **Secret Psonn**, imagine that the **beautiful, pale Golden-Silver-ONE Rays** emerge from the **Golden-Silver-ONE "aura filter"** surrounding the **"Dark Sun," spreading throughout the dark-charcoal-gray silhouette of the Shadow Body**. When **critical mass miasm saturation** is reached, the **Golden-Silver-ONE Rays will automatically contract back into the Aura Filter** around the Dark Sun implant. Imagine that you can now **hear with the "Inner Ears," or sense the vibrational fluctuations of, the released miasmatic level transmuting back into Primal Sound vibration**, clearing a miasmatic level from the Shadow Body through **direct de-manifestation**. Imagine that you can **see the Shadow Body silhouette turning one shade lighter** to become a mid-tone charcoal

gray.

10. As you withdraw your mental attention from the Shadow Body world, know that the **Silver Sanctum Eckasha capsule Replica will remain bonded within the Density-1 Shadow Body Sub-Shield**, creating a **barrier of protection and healing** around and within the **Density-1 Shadow Body**. The **Golden-Silver-ONE Aura Filter** on the Dark Sun Implant will **also remain**, assisting to **automatically transmute and release Elemental and Figment Attachments** that are drawn into the **Density-1 Shadow Body** by the Dark Sun "Heart of Anubis" 4th Black Heart of Metatron Shield Implant.

Technique-7: Awakening the Flame of Amoraea

Azurite Crystal & Density-2 Soul Body Amoraea Flame Activation

(Amoraea Flame Activation Level-3)*

Purpose: To activate the Density-2 Silver Sanctum and Amoraea Flame for formation of the TRANS-HARMONIC Amoraea Flame Eckasha Vehicle. Activation of Amoraea Flame **opens the ManU Window surrounding the Density-1 and Density-2 Hova Bodies**, which will begin activation of the **Density-1 & Density-2 Manu Windows** in the **nucleus of every atom in the body and soul body**.

Preparation: Eckasha Quick Seal Activation (Technique-1): To activate Eckasha Code amplified D-12 Maharic Current and strengthen bio-energetic field integrity. The **Silver Sanctum Sequence of Astral Awake, Aware & Able** (Technique-2 Eiros Flame Activation Level-1) and **The Eiros Flame & the Silver Sanctum** (Technique-3 Eiros Flame Activation Level-2) must be done previously **at least one time (in this lifetime)** to engage the *Silver Sanctum-Eiros Flame Activation*. The activated Density-1 *Eiros frequencies* are required to anchor the *Amoraea Gateway & Azurite Crystal* frequencies into the Density-1 Radial and Hova Bodies. It is recommended, but not mandatory that **Commanding Silence from the Inner Throne of Power** (Technique-4 *Amoraea Flame Activation Level-1*) should be done at least one time prior to Technique-7 to strengthen the Density-1 physical body ability to hold and run the Azurite Crystal frequencies. Use of a physical **Azurite Crystal** during this technique will strengthen the frequencies generated.

Procedure:

1. Sit comfortably with eyes closed and slow breathing rate to about one half speed. Imagine the place within the **centre of your brain** where the **small, dimly lit circular room** with the descending **spiral staircase** resides. Place the focus of your mental attention in the **small, dimly lit circular room** in the brain centre. It is **dimly lit** in this space at the present time, so you will need to **FEEL THE SENSATION** of being within the circular room until your inner eyes adjust to the dim light. Feel the sensations around your physical body as if you were in a small, circular room. Observe. What temperature is the air as it touches your skin, cool, warm, cold, hot, comfortable? Observe. Is there any sound in this space, and if so what kind of sound? Observe. Can you see anything in this dimly lit space, objects, colour, light?
2. Imagine yourself **standing within the inner circular room**, at the Brain Centre, then visualize or intend that your **imaginary body, standing in the circular room**,

TURNS TO THE RIGHT from the position in which it was standing. After turning to the right, imagine now that a **spiral staircase** appears before you; this staircase **ascends upwards, and has 36 steps.** Imagine that the **circular room is physically real**, and that your **physical body is standing within it.** With eyes closed, sense with your physical and mental bodies, **the entrance to the ascending spiral staircase.** If the spiral staircase were to magically open up now, **emerging from your physical body, and into the room,** it would ALWAYS appear directly to the RIGHT of your physical body; **SENSE the area to the right of your physical body from which the staircase would emerge.** This area represents the **natural Density-2 Departure Point**, for all beings carrying the **Human or Indigo Divine Blueprint Template.** **If at first you are unable to sense the Density-2 Departure Point, simply "Imagine that it is there, opening and ascending upward, to the right side of the physical body.**

3. Once you have located, or imagined, the Density-2 Departure Point, move the focus of your mental attention to this area of your body, and imagine that your awareness is now poised at the bottom stair of the ascending spiral staircase. The **Staircase extends upward from your Density-2 Departure Point**, into an area that resembles a **Golden Tunnel.** SENSE the location of the **staircase HAND-RAIL**, and imagine yourself **reaching out to grasp it**, with the **right hand.** With your physical palms resting in your lap, **SENSE the FEELING of the HAND-RAIL** within the **palm of your physical right hand**, and **physically grasp the invisible Hand-Rail** with your right hand, while it rests loosely on your lap now modelling the grasping gesture. The Hand-Rail is your guide, as you prepare to ascend the spiral staircase, to the **Awakening Room** above.
4. Using the **IMAGINED SENSATION of the Hand-Rail** in your right palm as your guide, imagine now that your mental awareness begins to slowly walk up the dimly lit stairway. **COUNT EACH OF THE STEPS YOU TAKE** as you **slowly ascend.1..2..3 to 36**; everyone will have at least **36 Steps**; the **36th step is the top step** that leads directly into the **Density-2 D-6.5 Indigo-Violet Awakening Room**, which is the **Ecka God-Seed Centre Point**, the **Azurite Crystal**, and **Inner Temple of Khem-a-lo-ha-tea.**
5. Now, imagine that you are standing on the **36th (top) Step**, and **release the Hand-Rail** while allowing your hand to relax in your lap. You may still experience very little visual sensory data as you enter the Indigo-Violet Awakening Room. Imagine that you are **stepping from the 36th Step to the Aquamarine and Amethyst tile Floor of the Awakening Room**, while imagining the Awakening Room as a **Circular Aquamarine and Amethyst Tiled Cave**, that is brightly lit, with **undulating rays of gold, indigo and violet light.** In the centre of the Awakening Room, there is an **ancient Yellow Gold Chalice**, often called the **Holy Grail**, that rises up from the floor to the height of about 4 feet. Imagine that you are **slowly walking forward with one hand extended**, to feel your way along through the

blinding light rays, as if moving through the light field of a sun. Continue to SENSE that you are **walking forward in the Awakening Room**, until your **extended hand touches the raised Golden Chalice in front of you**. When you reach the Golden Chalice, imagine that you are reaching forward to retrieve something that sits inside the upper bowl of the Golden Chalice.

6. Imagine that you are **reaching down into the upper bowl of the Golden Chalice, searching with your fingers to locate the small object** awaiting your retrieval. The object is a **very-deep-Azure-blue Azurite Crystal, spherical in form, about the size of a large marble, with a sparkling, rough-textured surface, covered in minute Azurite Crystal - Cluster Points**. The Azurite Crystal is the **door-key to your Density-2, Etheric Soul Body**. Imagine **picking up the Azurite Crystal in your RIGHT HAND**, while **modelling this hand gesture with your physical Right Hand**, as it rests in your lap. SENSE the **size, weight, texture and temperature of the Azurite Crystal** with your physical hand, as if the invisible object was there. **INHALE pale-silver Maharic Current** up from **Earths core**, into your body, through your **Central Vertical Current, to the Azur-A Point in Chakra-8**, at the base of the Thymus. **EXHALE the Maharic Current from the Azur-A, down your RIGHT ARM, into your palm, and into the Azurite Crystal**. Take **3 more Inhale-Exhale Maharic Breaths**, each time energizing and activating the Azurite Crystal in your palm. At the **end of the last EXHALE**, imagine that the **Azurite Crystal is now glowing, and pulsating, with an aura of pale-silver-gold-light**. You may see this pale-silver gold aura around the Azurite Crystal in your Inner Vision, and may sense the weight of the Crystal in your palm growing slightly less heavy; you may also sense nothing, but even so the **Azurite Crystal is now activated**.

7. With eyes closed, **move your physical right hand**, imagining the activated Azurite Crystal within it, to the Azur-A Point. **Cup your hand** over the Azur-A Point, as if the invisible crystal was positioned between your palm and your body. **INHALE a Maharic Breath, up to the Azur-A, and EXHALE the breath down your right arm into your palm, and THROUGH the Azurite Crystal**. As the breath carries the Maharic frequency into your body, there is a **sensation of mild buzzing** in the Azur-A area, as the **DATA-KEY** stored in the Azurite Crystal moves into the corresponding Lock-6, on the Density-2, Etheric Soul Body Door. If you do not feel the buzzing sensation, send **up to 3 more Inhale-Exhale Maharic Breaths**, through the Azurite Crystal, to **amplify the Maharic Charge** that will release the Data-Key. After 3 Maharic Breaths sufficient frequency will be generated, even if you do not yet feel the buzzing sensation. (Use of a physical Azurite Crystal in this technique will also assist in the strengthening the frequencies generated)

8. As the Data-Key releases, imagine that you **body absorbs the entire Azurite Crystal**, removing it from your palm, and **transferring the Crystal into the Etheric Lock-6**, at the Azur-A. Let your right hand rest gently in your lap, while **shifting your mental focus** to the physical Azur-A, **where the Crystal has entered**. Imagine

now, that you can **sense the weight and gentle buzzing** of the Azurite Crystal within your physical body, in the Azur-A. The Crystal now **rotates slowly, and pulses in a gentle rhythm, on every pulsation releasing a pale, silver-gold-Azure Blue, Azurite wave-field of frequency Rays** that contain the natural activation code, mathematical program, for your personal Density-2 **Etheric Soul Body**. Try to **become aware of each gentle pulse of the subtle Azurite Wave field, (or A.WAVE)**, as it **emanates from the Azur-A at the Thymus, and spreads outward, in all directions, through every atom in your body**, giving your **D-2, Etheric Soul Body Field**, its Ancient Wake-up Call. **Relax and breathe slowly** for a few moments, to get in touch with the presence of the pulsing **Azurite Waves**. The **A.WAVES** are there even if you cannot yet sense their presence; your **D-4, Astral-Atomic-Etheric Body, does sense them**, and responds accordingly.

9. Next, **INHALE Maharic Current up to the Azur-A, then EXHALE the Current within the Azur-A**, to form a **tiny, pale-silver, Maharic Spark within the Azur-A**. Take **2 more Inhale-Exhale Maharic Breaths**, using each subsequent Exhale to **expand the Maharic Spark within the Azur-A**, to the size of a Chickens Egg, while observing the sensation of the Maharic Egg expanding in your Azur-A. Take a final Maharic Breath, this time **INHALING Maharic Current** directly into the Maharic Egg, and using a forceful **EXHALE** breath to burst the Maharic Egg while pushing the released Rays of Maharic Current throughout your entire body and outward into your auric field.

10. Focus your attention on the **Azur-A, where the Azurite Crystal entered** the body. **SLOWLY INHALE Maharic Current** upward, from Earths Core, (Chakra-13) **to the Azur-A**, using a deep, steady, fluid Inhale breath, to **initiate the Activation Breath, INHALING Maharic Current into the Azur-A**, then **HOLDING this breath** for a moment, while **focusing mental attention on the Azurite Crystal in the Azur-A. EXHALE SLOWLY**, using the Exhale breath to **push more Maharic Current into the Azurite Crystal. Return to a regular, non-controlled breathing rhythm**, relax, and breathe gently for a few moments, **waiting for a very subtle pop sensation, or sense of expansion, or warmth** to occur, **within the Azur-A**, as the **Azur-A Lock Seal (Dimensional Lock-6 Density-2 Mental Soul Body Seal) releases, freeing the Density-2, D-4, Atomic-Etheric Body, for merger with the activated Density-1, Silver Sanctum, Eiros Flame. The Azur-A Passage, extending between the Density-1 and Density-2 body Azur-A points, is now opened, and the Azurite Crystal is activated.**

11. As the **Azur-A Lock Seal releases**, you may or may not experience a momentary sense of heat-waves, rising from the neck through the head, or cranial pressure inside or surrounding the skull, as the **D-6, Mental Body capsule, opens and expands** into the Density-2, **Etheric Soul Body blueprint**. The **Etheric Soul Body** exists as a **D-4, EirA-plus-ManA, Primal Current energy field**, within and surrounding every atom, which extends like a **form-fitting, pale-blue-violet-and-gold, energy space-suit**,

around the entire physical body. Relax and breathe gently, with eyes closed, and imagine the **Etheric Soul Body spacesuit**, or Density-2 body-replica; imagine that you can see its pale-blue-violet-and-gold-form, **sitting within your physical body, in exactly the same position as the physical body.**

12. Once the Azur-A passage has been opened, through release of the Azurite Crystal of Dimensional Lock-6, the D-6 Mental Body field opens into the Density-2 Radial Body Eiros Field, causing the polarized D-5/D-7 Eiros to de-polarize, to a D-12 ManU Reion Field. The **Density-2 body** is thus prepared to receive the frequencies of the fully activated Azurite Crystal, and the **Density-2 Amoraea Flame Eckasha Body**, or Trans-harmonic Amoraea Flame Body. Relax, and breathe slowly, while focusing the mental body attention on the Azur-A Point in the physical body. Imagine your consciousness as a **spark of pale silver Maharic light**, placed within the **Azurite Crystal**, at the central, pale-silver, **Amoraea Egg Throne of Power**, within the **Azurite Flame**, inside of the **Azurite Crystal Sphere**.

13. With your **attention focused in the Amoraea Egg**, at the Azur-A, give the **mental command - Shift NOW**, to the Density-2, **Etheric Soul Body vehicle**, while **imagining your Etheric Soul Body moving out to the RIGHT of your Density-1 physical body**, with the **Silver Spark** of your consciousness, placed within the **brain center, Pineal Gland, of the Density-2, ETHERIC-Soul Body**. From the Etheric Soul Body, the Trans-harmonic, Amoraea Central ManU Eternal Flame, and 6-Dimensional Silver Sanctum, within and surrounding the Density-1 and Density-2 bodies, can be activated.

14. Using the vertical breathing rhythm of running the Maharic Current within your physical body, you will move the Silver Spark within the Density-2 Etheric Soul Body. **INHALE Maharic Current**, up from Earth core, and into the Azur-A. **In one breathing motion, EXHALE the Maharic Current into the Azurite Crystal, at the Azur-A, using the exhale breath to direct the Azurite Crystal horizontally to the RIGHT, while imagining that the Azurite Crystal moves with the breath, into the Azur-A CORD, and into the Density-2, Etheric Soul Body.** Imagine that the deep,-Azure-blue Azurite Crystal, is now nestling comfortably within the **Azur-A point of the Etheric Soul Body**.

15. Bring your attention to the **pale-silver Spark, at the Pineal Gland, of the Etheric Soul Body**. **INHALE** in the physical body, then **EXHALE forcefully**, while imagining that the **Silver Spark rides the breath current**, moving rapidly **down from the Etheric Pineal, into the Azurite Crystal, at the Etheric Soul Body Azur-A point**. When the Silver Spark intersects with the Azurite Crystal, a momentary Density-2, **etheric flaring occurs**, as the **Azurite Crystal bursts into a small, deep-Azure-blue ManU Flame, about 2 3/4 inches high, within the Etheric Body Azur-**

A. INHALE then EXHALE, and imagine that the deep-Azure-Blue, ManU Amoraea Flame, spreads throughout every atom of the Density-1, and Density-2, Etheric Bodies, turning the pale, blue-violet-and-gold, Density-2 Etheric Soul Body, into a brilliant, glowing, shimmering, Pale Silver-blue, Trans-harmonic Etheric Eckasha body, as the Density-1, and Density-2, Silver Sanctums unite.

16. Focus your attention on the **small Amoraea ManU Flame, at the Etheric Soul Body Azur-A**, and **INHALE**, using the Inhale breath to **draw the Amoraea Flame through the Azur-A CORD, and into the physical body Azur-A point**. **EXHALE forcefully**, using the Exhale breath to **push the Amoraea Flame down, to the 13th Chakra at Earths core**. When the Amoraea Flame enters the Chakra Seals of Chakra 13, the **Amoraea Flame momentarily flares, filling every atom in the physical and soul body with deep, Azure-blue, Amoraea Divine Blueprint frequency**. **SENSE** the release of the **AMORAEA WAVE**, (or **A.WAVE**), within the physical body, as a **gentle expansion of internal heat, emerging from the Azur-A**, that moves simultaneously in all directions, throughout the physical body.

17. With **attention focused on the Amoraea Flame at Chakra-13**, prepare to **INHALE DEEPLY, AND SIMULTANEOUSLY, FROM 2 DIRECTIONS** in the **2-POINT BREATHING of Amoraea Activation**.

18. **INHALE SIMULTANEOUSLY**, breathing **Density-2, Indigo Frequency**, down from the **14th Chakra** above the head, while breathing **pale silver Maharic Current AND the Amoraea Flame upward, from Earth Core**, bringing the two currents of energy into union within the **Azur-A point**. **Exhale the 2-Point breath within the Azur-A**, then complete **3 additional 2-POINT Inhale-Exhale breaths**, to activate the **Amoraea Flame within the Azur-A**.

19. Take a final **2-POINT INHALE**, while focusing your **attention on the INSIDE of the Amoraea Flame at the Azur-A**, then **EXHALE forcefully**, using the Exhale breath to **rapidly expand the Amoraea Flame from within the Azur-A, outward through the body, until the Amoraea Flame is fully expanded around the entire body, and outward several feet into your Auric field**, forming the **Pale, Silver-blue, 6-Dimensional, Trans-Harmonic Eckasha, Inner Silver Sanctum, body Capsule**.

20. Direct your **attention back to the ETHERIC SOUL Body, positioned to the RIGHT** of your physical body. **INHALE, drawing the Etheric Soul Body horizontally back into the physical body**. When the 2 bodies rapidly and fully align, the **activated Amoraea Flame, Trans-harmonic Eckasha Capsule, will momentarily flare**, as the **Amoraea Flame phase-locks, within both the Density-1,**

**and Density-2, Etheric and Physical bodies. *The Trans-harmonic, Eckasha Seal
Amoraea Flame, and the Azurite Crystal, are now fully activated.***

Technique 8: Shadow Healing Step-2 The DNA Amoraea Buffer

(Amoraea Flame Activation Level-4)*

Purpose: To protect the DNA Template & Personal Shields from Shadow Body, Shadow Dancer, "Blue Sword" & Environmental Reversed Currents. Activates, sustains & amplifies Eiros & Amoraea frequencies throughout the Shields and DNA Template, creating a buffer field that transmutes Reversed Current Frequencies as they begin activation. When used once weekly in conjunction with Amoraea Buffer Daily Supplement (Technique-8 Part-2) brings Maharic Seal, Eiros and Amoraea Flame into sustained, continual activation, setting 12 Strand DNA Template activation, building of the Base-12 Eckasha Merkaba, personal Christos Avatar identity integration and Shadow Healing processes on "Auto-pilot." To generate sufficient critical mass frequency for permanently De-Cording Shadow Dancers and healing and integrating the personal Shadow Body on all 4 density levels. To begin progressive, permanent activation of the full 4-density Eiros and Amoraea Flame Bodies, creating eventual full Cruxansatea ManU Window and Eckasha Merkaba Vehicle activation within 4-6 years for potential biological and/or spiritual inner Earth (Aramentania of Inner Eeka Universe) Halls of Amenti Star Gate passage.

Preparation: For first activation, complete Technique-1, plus Techniques 2,3,4,5,6,7 at least one time (in this lifetime), waiting 4-6 weeks while using Techniques 1-7, before performing Technique-8. If you have used Technique-1 within the past 12 hours, repeating Technique-1 just prior to first activation of technique 8 is not necessary. For subsequent Technique-8 activation no preparatory activations are required.

TECHNIQUE 8, PART ONE: The Amoraea Buffer

Weekly Procedure: (use of audio tape or CD verbal induction is recommended)

1. Relax, and slow breathing to half normal rate as you call to mind the Eckasha Symbol "tear drop" shape, in Pale Silver, containing a 24 point, 3 dimensional Star at it's centre (or use the Eckasha-Reuche image IF you have already been working with the Veca Code Induction Techniques); as you would use these symbols as the Hierophant Activation Keys for the Maharic Shield. Imagine the Eckasha Hierophant Symbol at the Pineal Gland at the center of your brain.
2. INHALE, and FORCEFULLY EXHALE, pushing the Eckasha Hierophant from the pineal, down the central vertical current and into Chakra 13, at Earth's Core. Following the EXHALE, hold your breath for 3-4 seconds while imagining 3 tiny Kee Ra ShA Flames; 1 Pale Turquoise, 1 Pale Yellow & 1 Pale Pink - gently bursting upward to surround the Eckasha Hierophant within the 13th Chakra at Earth's Core in response to contact with the Eckasha Hierophant.
3. INHALE the Eckasha Hierophant, with the 3 Kee-Ra-ShA Flames surrounding it, upward to the Maharic Shield Centre 12" below the feet, and EXHALE FORCEFULLY while imagining the Eckasha Hierophant and 3 Flames expanding outward on a horizontal plane throughout your Pale Silver Maharic Shield Disc. As the Eckasha & 3 Flames move outward,

imagine the Maharic Shield Disc expanding outward to about 4' wide.

4. HOLD your breath for 3-4 seconds following the exhale, while imagining that your 4' wide, Pale Silver Maharic Shield disc at the soles of your feet, now vibrates as cycling currents of Pale Turquoise, Pale Yellow & Pale Pink Kee Ra ShA frequencies blend with the Pale Silver D-12 Maharic Current. Try to sense a gentle "buzzing" sensation, as your Maharic Shield frequencies accelerate in oscillation rate to carry the Kee Ra ShA current.

5. INHALE, using the inhale breath to draw a ball of Kee Ra ShA + Pale Silver frequencies into the centre of your Maharic Shield from the oscillating Maharic Shield Disc. Imagine that the 4' Maharic Shield Disc remains extended, while the Kee Ra ShA-Maharic ball collects in the centre of the Maharic Shield to re-form a "tear drop" shaped Kee Ra ShA Eckasha Hierophant "flame" in the center of your Maharic Shield.

6. EXHALE GENTLY, while imagining the re-formed Kee Ra ShA Eckasha Hierophant flame as a Pale Silver, energized, 3 Dimensional Eckasha "tear drop" which pulses with a repeating cycle of Pale Turquoise, Pale Yellow & Pale Pink bursts of light. This image of the Hierophant, as a 3 Dimensional Pale Silver Eckasha "tear drop", pulsating with repeating bursts of the Kee Ra ShA colour sequence will now be referred to as the "Eckasha Flame."

7. INHALE SLOWLY, using the inhale breath to SIMULTANEOUSLY draw 3 Cords of Kee Ra ShA frequency up from the Eckasha Flame stationed at the centre of your Maharic Shield 12" below the feet, to the E-Umbi Point just below your navel. Imagine a thin cord of Pale Turquoise "Kee" current, the D-13 ManU frequency extending up from the Eckasha Flame and into the small Chakra in the BALL of your RIGHT foot.....a thin cord of pale Pink "ShA" current, the D-15 EirA frequency, extending into the small Chakra in the BALL of your LEFT foot, and a thin cord of pale Yellow "Ra" current, the D-14 ManA frequency, extends directly up your central vertical current into the BASE CHAKRA between your legs.

8. Continue the SLOW INHALE, drawing the 3 Kee Ra ShA Currents up into the body at the same speed while imagining that the Pale Turquoise and Pale Pink Currents running into the feet ARC to the CENTRE of your body, merging with the Pale Yellow center current, the 3 currents joining at the E-Umbi Point just below the navel.

9. EXHALE GENTLY, while imagining that the meeting of the 3 Kee Ra ShA Cords forms a GLOWING Emerald Green Crystal in the E-Umbi Point.

10. INHALE GENTLY, using the inhale breath to draw the Eckasha Flame from the center of your Maharic Shield up through the Pale Yellow Cord in the Central Vertical Current & into the Emerald Green Kee Ra ShA Crystal at the E-Umbi Point. EXHALE GENTLY when the Eckasha Flame has entered the Emerald Green Crystal at the E-Umbi. Breathe gently for a few moments, and try to sense a feeling of warmth, or slight "buzzing" sensation at the E-Umbi Point below the navel.

11. INHALE a Pale Silver Cord of D-12 Maharic frequency up from the Chakra 13 at Earth's Core, drawing it into the Eckasha Flame within the Emerald Green Crystal at the E-Umbi Point. EXHALE FORCEFULLY, using the exhale breath to expand the Eckasha Flame from within, while imagining that the Eckasha Flame & Emerald Crystal "pop", releasing the Kee Ra ShA & Eckasha Flame frequencies into the E-Umbi Point.

12. Breathe gently for a few moments....and imagine now that a small, pale silver-indigo-blue-violet flame, about 2" high, spontaneously ignites within the E-Umbi Point. The E-Umbi Point is the seat of the Celestite Crystal that houses the Pale Silver-Indigo-Blue-Violet Eiros Flame. Activation of the Eckasha Flame, the Kee Ra ShA and Maharic Currents, within the E-Umbi, releases the Power of the Eiros Flame within the E-Umbi Point.

13. INHALE, using the inhale breath to draw the pale silver, indigo-blue-violet Eiros Flame up the central vertical current and into the Azur-A Point, at the base of the Thymus gland, above the Heart Chakra. EXHALE GENTLY, to deposit the Eiros Flame within the deep, Azure-blue Crystal at the Azur-A Point.

14. INHALE Maharic Current up from the Earth's core, and into the pale silver-indigo-blue-violet Eiros Flame at the Azur-A Point. EXHALE FORCEFULLY, using the exhale to expand the Eiros Flame from within, until it "pops" within the Azur-A Point. Imagine that the pale silver-Indigo-blue-violet Eiros frequencies spreading throughout the Azur-A and base of the Thymus gland.

15. Breathe gently for a few moments now, while imagining a small Azure-Blue Flame about 2" high, spontaneously ignites within the Azur-A Point (located at the base of the Thymus Gland, above the Heart Chakra). The Azur-A Point is the seat of the Azurite Crystal, that when fully activated houses the Radial Body Emerald Amoraea Flame.

16. INHALE pale silver, D-12 Maharic Current up from Chakra 13 at Earth's Core, into the small Azurite Flame at the Azur-A Point. EXHALE FORCEFULLY, using the exhale breath to expand the Azurite Flame outward from the Azur-A Point into the Auric Field, completely permeating, and surrounding, the physical body. Imagine that as the Azurite Flame expands outward, it's color changes from deep Azure-blue, to deep Emerald green-blue, as the ManU, ManA, EirA frequencies of the full Amoraea Flame Activate within the Azur-A Point.

17. Breathe gently....while imagining that the Deep Emerald Green-Blue Amoraea Flame continues to expand throughout the Auric field. Imagine the Auric Field forming a large, 3-D Eckasha "tear drop" Emerald Flame, with a pale-silver-indigo-blue-violet Eiros "Silver sanctum" lining, all around the body. The base of the Emerald Amoraea Flame expands downward, to Chakra 13 at Earth's Core, while the tip expands upward to Chakra 14, 36" above the head. Bring to mind the 4' wide Maharic Shield Disc, 12" Below your feet, and imagine the Emerald Green Amoraea Flame is now fully expanded to encompass the Maharic Shield.

18. Now, return your attention to the Azur-A Point at the base of the Thymus gland. INHALE Pale Silver Maharic Current up from Chakra 13 to form a small, 2", Pale Silver Maharic Flame in the Azur-A. EXHALE FORCEFULLY, using the exhale breath to PUSH the Pale Silver Maharic Flame UP from the Azur-A and into the Pineal gland at the center of the brain.

19. Breathe gently, and bring your attention into the Pineal gland at the centre of the brain. Imagine that the pale Silver Maharic Flame holds 2 tiny crystals at it's centre, that appear as Sparks of Light; one, the vibrant violet of D-7 frequency, the other, the metallic yellow-gold of D-8.

20. INHALE Maharic Current up from Chakra 13 and into the Maharic Flame stationed in

your Pineal Gland. EXHALE FORCEFULLY, using the breath to fill the Maharic Flame with a burst of Maharic Current. Breathe easy, and imagine that the Violet & Gold Crystals within the Maharic Flame vibrate for a moment, then burst into 2 tiny flames; one Violet, one Gold, within the 2" high Maharic Flame. INHALE Maharic frequency up from Chakra 13, and into the Maharic Flame at the Pineal gland, and gently EXHALE the Maharic Current.

21. Breathe gently, and imagine that the tiny Violet & Gold Flames, within the Maharic Flame, FLARE in a Magenta-Pale-Pink Flash, as they de-polarize and combine with the Maharic Flame forming a Silvery-Pink SUN BURST of D-12 + D-15 frequency within the Pineal gland.

22. INHALE Maharic Current up from Chakra 13...and EXHALE FORCEFULLY, using the breath to PUSH the Silvery-Pink Sun-burst vertically upwards from the Pineal gland, through the 7th, 10th & 11th Chakras...and into the 14th Chakra 36" above the head. INHALE drawing the Maharic frequency all the way up to the Silvery-Pink Sun-burst in Chakra 14, and...FORCEFULLY EXHALE the Silvery-Pink Sun-burst all the way down to Chakra 13, at Earth's Core. INHALE AGAIN QUICKLY, using the breath to rapidly draw the Silvery-Pink Sun-burst up from the Central Vertical current to Chakra 14, 36" above the head, and AGAIN EXHALE FORCEFULLY, using the breath to send the Silvery-Pink Sun-burst down to Chakra 13.

23. QUICKLY INHALE AGAIN, using the breath to draw the Silvery-Pink Sun-burst up into the centre of the Maharic Shield 12" below your feet. Imagine the Silvery-Pink Sun-burst as a spinning Silvery-Pink Sphere at the centre of your Maharic Shield. Allow the Silvery-Pink Sun-burst Sphere to spin in whatever direction, speed and rhythm it chooses. EXHALE FORCEFULLY, using the breath to push D-12/D-15 Current throughout the Maharic Shield Disc, from the spinning, Silvery-Pink Sun-burst Sphere at the Maharic Shield centre.

24. Imagine now that your Maharic Shield is glowing as a 4' wide disc that repeatedly cycles waves of Pale Silver/Emerald Green-Blue & Silver-Pink frequency throughout your entire body and Auric field.

25. The Maharic Shield is now temporarily sealed within the protection of the amplified Amoraea Flame, and this simultaneously creates an Amoraea Seal within, and around, the DNA Template and personal Shields, which will serve to transmute disharmonic, reversed frequencies moving through the DNA from the Shadow Body and Shadow Dancers, and will also transmute disharmonic frequencies coming into the DNA Template from the Planetary Environment, such as "Blue Sword", reversed D-13 Current.

The Amoraea Buffer Seal will sustain in the Maharic Shield and DNA Template as long as the Silvery-Pink Sun-burst Sphere at the Maharic Shield centre is present, and remains spinning. The natural D-12 Maharic Seal will remain in sustained, constant activation and will no longer require manual activation as long as Amoraea Buffer Seal activation is consistently sustained.

Repeating Steps 1-21 above **once every 7 days**, and using the following, Technique-8 Part 2, "Amoraea Insta-Buffer" Daily Supplement **ONCE PER DAY**, will be sufficient to sustain the Amoraea Buffer Seal. If the DAILY routine of using the Amoraea Insta-Buffer is broken,

by MORE THAN A ONE DAY LAPSE, the use of Steps 1-21 above is ESSENTIAL to reactivate the Amoraea Buffer Field.

TECHNIQUE-8 PART TWO: The Amoraea "Insta-Buffer" Daily Supplement

Daily Procedure:

NOTE: Update 4-30-03. It is strongly suggested to use the Heliotalic - Bi-Breath current where applicable in the techniques and to visualize/imagine this current through out the fields and mixed with the different currents. This has been incorporated in the technique below.

1. Relax, and slow your breathing to half normal rate. Use the Bi-Breath to build a ball of Heliotalic frequency (pale pastel mixed with pale silver) in the AzurA. Visualize or Imagine the Hierophant as the Pale Silver, 3 Dimensional, "tear drop" shape Eckasha, containing either the Reuche or a 24 point Star, stationed at the Pineal gland, at the centre of your brain. INHALE the Heliotalic Ball up to meet the Eckasha Hierophant Symbol in the Pineal. INHALE, and use the EXHALE breath to push the Eckasha Hierophant down to the Pale Turquoise, Pale Yellow & Pale Pink Kee Ra ShA Flames in Chakra 13 at Earth's Core.

2 INHALE FORCEFULLY, DRAWING THE Eckasha Hierophant and the 3 Kee Ra ShA Flames up to the centre of the Maharic Shield 12" below your feet. EXHALE FORCEFULLY, expanding Waves of Kee Ra ShA frequency outward, throughout the Maharic Shield, while expanding the Maharic Shield to a 4' diameter disc.

3. INHALE, drawing the Hierophant Eckasha & 3 Kee Ra ShA Flames up the Central Vertical Current, first to the Base Chakra, and up to the E-Umbi Point, just below the Navel. EXHALE, and imagine that the Pale Silver-Blue Eiros Flame IGNITES in the E-Umbi Point, as the Eckasha Hierophant and 3 Kee Ra ShA Flames "pop" and disappear.

4. INHALE FORCEFULLY drawing the Pale Silver-Blue Eiros Flame up to the Azur-A Point, at the base of the Thymus gland. EXHALE FORCEFULLY while imagining a great wave of Deep Emerald Green-Blue Amoraea Frequency bursting outward from the Azur-A Point, and expanding into the large Amoraea Flame Capsule surrounding your body, amplifying the already activated Amoraea Flame.

5. INHALE Maharic frequency up from Chakra 13, to the Azur-A Point, and FORCEFULLY EXHALE, using the breath to push Maharic current up to the Pineal Gland, and on out the top of the head, to Chakra 14, 36" above the head. Now, imagine the Silvery-Pink Sun-burst at Chakra 14, and INHALE. FORCEFULLY EXHALE, using the breath to push the Silvery-Pink star-burst down and into the Silvery-Pink, Sun-burst Sphere, stationed at the centre of the Maharic Shield 12" below your feet. Imagine that the Silvery-Pink Sun-burst Sphere begins to spin more rapidly in whatever direction it chooses, sending waves of Silvery-Pink, Emerald Green-Blue & Silver frequency out through the Maharic Shield. The Amoraea Buffer is now energized and amplified.

6. To further amplify the Amoraea Buffer, take several 2-Point breaths. On the inhale, draw

Pale-Silver D-12 Maharic Current up from Chakra 13, while simultaneously drawing Pale-Yellow D-14 Current down from Chakra 14. On the top of each inhale, the Pale Silver and Pale Yellow Currents meet at the Azur-A Point at the base of the Thymus, forming a large spark of the "Golden-Silver ONE", Silver-Gold light in the Azur-A. Exhale forcefully, using the breath to push Rays of Silver-Golden Light outward, in all directions, through every Atom, and into the Auric Field.

Repeat the 2 point "Golden-Silver ONE" breath 3-6 times, or until you feel a tingling, or a sense of spreading warmth, throughout the Azur-A.

Technique 9 - Sacred Psonns*

Psonn of Lyra + Psonn of Khemalohatea + Psonn of Lyra

The Mah'-ah' Bi-Vec'tus Inavhoki Invocation of the Maharata*

(Creation Decree Invocation AS the personal D-12 Christos Avatar Maharata self identity)

2001 Ashayana Deane

From this Still Point of my Wholeness in manifest decision,

**I Decree in Sovereign Knowing, here expressed at my Command (lovingly stated absolute intention)
the Divine Will and Intention of the ONE-SELF that is ONE GOD.**

Mah-Hah-Rah-Tah KHUM BI-VecTus(name)

I as D-12 Christos Avatar self..(name)

IN-A-VHO-KI UNE-BLEUM BI-VecTI

Invoke by Divine Loving Command Now, by the Power of the Universal Christos,

Mah-ah BI-VecTI UN UR-A- OR-NaM - OOR

the D-12 Divine Christos Blueprint past-present-future; NOW the Divine Sea of Liquid Light anchors
in the moment.

E stA UntA E-Sa Trazd-JHa HA-A Rha

Absolutely now established, always and forever, in eternal abiding reverent Love of the Eternal ALL-
ONE

Ptah-TA Um a Ah-ShA-Lum

Blessed Be all embracing, given forth from the Still Point of Eternal Peace

Thah-A-Jha inta DO A

Spoken As IT IS STATED, As SO it IS DONE

Um Sha-DI UR-A ah Khum Tun

All Embracing Pillar of First Cause Light, I AS THIS expression now.

In the name of the Melchizedek Cloister Emerald Order Eieyani,

Holy Order of the Yunasai,

Sacred House of ONE.

English Translation:

Ma-Ha-Ra-Ta KHUM BI-VectUS..(name)

(Khum = I AS) (Ma-Ha-Ra-Ta BI-Vectus = D-12 Christos Avatar Self)

In-A-VHOKI UNE-BLEUM BI-VecTI

(In-A-VHO-KI = invoke by Divine Loving Command), (UN = Now), (E-BLEUM = by the power of) (BI-VecTI = Universal Christos)

Mah-ah BI-VecTI UN UR-A- OR-NaM - OOR

Mah ah Bi-VecTI = D-12 Divine Christos Blueprint past-present-future)

(UN UR-A-Or-Nam OOR = Now the Divine Sea of Liquid Light anchors in this moment)

E-stA Un-tA E-Sa Trazd-Jha HA-A Rha

(EstA UntA ESa = Absolutely now established, always and forever)

(Trazd-Jha = in eternal abiding reverent Love) (HA-A Rha = of the Eternal ALL-ONE)

Ptah- TA Um a Ah-ShA-Lum

Ptah-TA UM = Blessed Be, all embracing) (a in this context = given forth from)

(Ah-ShA-Lum = the Still Point of Eternal Peace)

Thah-A-Jha inta DO A

(Tha-AJha inta = Spoken AS IT IS STATED) (DO A = As SO It IS DONE)

Um Sha-DI URA ah Khum TUn

(Um Sha-DI URA = All Embracing Pillar of First Cause Light)

(ah Khum TUn = I AS THIS expression now)

Psion of Khemalohatea[®]

Once was a night
Of a far away dream
Once was a night
When the candle fire burned

Once was a night
When the Nightingales sing
Once on this night
Worlds were born

Once on a day
When the sun shone it's brightest
Once on a day
When the breezes rose high

Once on a day
When the rivers flowed with sorrow
Once on this day
Worlds were gone

But today, in this moment in the heat of the fire
Burns a long-aching dream of life returned from the pyre
...Oh come near, new life reborn

Come, come, rise from the waters
Come, come, rise from the sea
Reach forth heart of the lion
Ringing out from the ancient lands of destiny

Once were a peoples
Pure and of innocence
Once were a peoples
Loving and free

Once were a peoples
Alive with eternal light
Once were a peoples--the Haialeai (Hi-A-Lay) In Victory

Once came a wind
Dark and cold from the lowly places
Once came a spawn
Of the dark fallen sun

Once when the rays
Of the demon spread suffering
Once stricken the Haialeai were done

But today, in this moment, in the warmth of the sun
Rise the long hidden peoples of the Golden-Silver one
Oh come near-Haialeai reborn

Come, come, rise from the dream-lands
Come, come, rise from memory
Reach forth children of El-Haialeai
Camelot awaits thee where the golden portals call

Now in a dream all the worlds that had gone away
Now in a dream waking forth to the dawn
Here in this dream reaching forth to the universe
And call to the port of our home

Come, come, open the doorways
Come, come, let us be free
Here, now, we give of our love to thee
The homelands so longed for
Sacred Khem A-Lo-Ha-Tea

Psonn of Khem-a-Lo-Ha-Tea Activation Key Translation

**Complete entire Khem-a-lo-Ha-tea Psonn, including last "Command Chorus",
then repeat the last Command Chorus once using the Anuhazi translation
below.**

Last Chorus Activation Key Translation:

***Come, Come Open the Doorways,
e'-Ta A, e'-Ta , LA'-Ha Sha-Dem'-a***

***Come, Come Let us be free,
e'Ta A, e'Ta , HE'-ma Ash-ra-DA'***

***Here, now, we give of our love to thee,
Chrez-Ha-NA TU-e-t'a- Deh ... Am-or-aea (Am-Or-A'-a)***

***The homelands so longed for
Dur-neth'-room ar'-a HA'-na***

***Sacred Khem-a-Lo-Ha-Tea.
e-shoo'-Ra Khem-a-Lo-Ha-Tea.***

Technique - 10

The I AM Free Linguistic Template Reprogramming Power Grid* Ashayana & Azurtan Deane 2002

I am loved, honoured and protected,..safe within the Eternal Arms of Divine Grace

I am safe, secure and provided for by the Eternal Living God-Source and Inner Christos

I am beloved, appreciated and cherished.

I am free from karma Now.

I am free from Phantoms Shadow Dancers.

I am totally secure and at ease in my world.

I am no longer afraid of lifes many dramas.

I am no longer afraid to love;

I AM love.

I live in a safe, supporting and loving universe.

There is enough of everything for everyone.

I give myself permission to live the life that I desire.

I am at peace within; I am at peace without.

I AM peace.

I AM FREE to be all that is ME!

And SO IT Is!

Technique - 11

Shadow Healing Linguistic Template Reprogramming Power Grid* Ashayana & Azurtan Deane 2002

Inner Christos here within me I appeal to you this day,
Shelter me from hidden forces cloaked in time.
I stand with you in safety, looking toward my lowly traces,
Setting free from Shadow Dancers the Shadow-self thats mine.

I stand now in my Christos Light
And hear the one true sound of my Pure Identity
I open now my inner ears to hear the **ONE TRUE TONE**
Of the true Eternal Christos Self that I shall always BE.
I AM MY INNER CHRISTOS NOW!

AS my Inner Christos, I confront the hidden darkness
to free my Shadow Self from Shadow Dancer ties.
You, Ancient Shadow Dancers, like thieves within the night,
Dark Dwellers on the Threshold to Eternal Life,
Imprisoned long, my Shadow-self, cast me in mortal prison,
NO MORE will you consume my Living Light!
I now embrace my Shadow-self, reclaim the joy and freedom
That awaits me through the Door to the Divine.
I stand firm now, and **COMMAND** the power that is mine .

I COMMAND THEE, SHADOW DANCER DARK DWELLER, YOU RETREAT!

To the bowels of Creation you have made and now call home.
With my Inner Christos power I lovingly release you
Now, always and forever, without ME you will roam.
I take back from thee this moment, and every moment after,
Any power you have stolen here, or that I have given thee.
DARK DWELLER YOU SHALL LEAVE ME NOW! Or with me be made **DONE**
Through the Eternal Inner Christos Light of the Golden Silver ONE.
And you, dear Shadow-self, come now and walk with me
Through the Inner Christos Doorway where we shall heal and be set free.

**NO DWELLER SHALL IMPRISON HERE
FALSE GODS SHANT STAND BEFORE ME,
NO LONGER SHALL I FEAR DECEPTIVE TRICKERY.
THE TRUTH AND CLARITY OF MY INNER CHRISTOS KNOWING
SHINES FORTH AND LIGHT MY WAY IN MY JOURNEY TO BE FREE.**

**I AM MY INNER CHRISTOS HERE,NOW,FOREVER,ALWAYS.
I EMBRACE AND HEAL WITH LOVING POWERTHE LONG-FORGOTTEN ME,
THAT ANCIENT HOSTAGE SHADOW-SELF,THE FACE OF ANCIENT BURDENS,**

**.SO LONG CONFINED TO TWILIGHT WORLDS,COME NOW LET US BE FREE!
RETURN NOW RESURRECTEDFROM THE DARK NIGHTS OF THE SOUL,
AND JOIN THE INNER CHRISTOS SONG OF JOYOUS VICTORY!
And SO IT IS,and shall now forever BE!**

TECHNIQUE-12: The 12:12 Induction and Rishiic Shield Activation*
PARTS 1 & 2 OF THE COSMIC 12:12:12:12 INITIATION

Scepter-12: EL-HaiaLeai, Ecka Code-12: Reionayana Induction 'Sacred Inner Sun' LTR-Grid Veca-Amoraea Activation Level-5; Eckasha-Amoraea Flame Body Activation

Purpose: To Initiate parts 1 and 2, **Sceptre Code-12: El HaiaLeai** and **Ecka Code-12: Reionayana** of the Cosmic 12:12:12:12 Lock Key-Code Sequence into the personal Shields and initiate Level-5 Veca-Amoraea Flame Body activation through activation of the Density-5 Rishiic Shield . Prepares the body-mind-spirit, personal Shields and DNA Template to receive the Cosmic 12:12:12:12 Flame Body Activation that Earth will enter on December 21, 2002. The Cosmic 12:12:12:12 Activation releases the Outer Lock Seals on the Eckasha-Aah, Eckasha, Ecka, and Universal Veca Radial Bodies to activate the Cosmic Eckasha-Aah, Eckasha-A, Eckasha, Ecka and Veca Amoraea Flame Bodies in preparation for anchoring/Initiating the Cosmic 11:11 1361 Pillar (Krist Code-1) Activation during the HE-Thar-0 Peak of May 27, 2003. One must anchor the 13th Pillar Eckasha-Aah-Amoraea Eiros Arc, the "Arc of the Covenant" during the HE-Thar-O in order to "Catch the Wave of Ascent" into the Bridge Zone time continuum to Reset the Cosmic Clock and Cosmic Divine Blueprint in the personal Shields via anchoring the Inner 12-Reuche Pillars . Activation of the Inner Reuche Sceptre Pillars neutralizes Metatronic Implants and prevents the D1 3R Blue Fire Sword currents from causing Monadic Reversal of the Shield, enabling one to avert Wesedak Black Hole fall between 2012-2017. Part 3 of the Cosmic 12:12:12:12 Initiation is contained in Technique #-16: Gold Wave Monadic Infusion-Veca Code-8 Reushaia Induction and Technique #-17: The Universal 11:11 Eckasha-Amoraea Flame Activation- Veca Code 11:11 parallel Thun-ImmanU Induction . Part 4 of the Cosmic 12:12:12:12 Initiation is contained in Technique #-20: Reuche Code-12 Induction.

Preparation: Technique-8 Part-2 within 24 hours, Techniques: 1-9 and Techniques:13-15 and their preparatory steps at least once in this life time.

Procedure:

Technique #12: PART A: The 12:12 Induction : Optical-Pineal Induction of the Scepter-12: EL HaiaLeai and Ecka-12 : Reionayana Density Lock Key Codes. (NOTE: Slight cross-eye focus, as mentioned below, allows the 2 polarized optical energy currents to blend into one non-polarized current to enter the Cranial Kundalini Seals in the Pineal Gland)

- 1 . INHALE, while focusing eyes, in slightly crossed position, on the Scepter-12: EL HaiaLeai Code. Use INHALE breath to draw image/energy signature of the Scepter-12 Code into the Pineal Gland at Brain Centre.
2. EXHALE, using the exhale breath to push the Scepter-12 Code down the Central Vertical Current and into Chakra-13 at Earth's Core, then quickly INHALE the Scepter-12 Code up from Chakra-13 to the centre of your Maharic Shield disc 12" below your feet.
3. Exhale while imaging that the Scepter-12 Code expands horizontally outward from the Maharic Shield centre point through your entire Maharic Shield disc, riding on the Exhale breath until the Scepter-12 Code has expanded to the same size as your Maharic Shield disc, fully loading your Maharic Shield with the Sceptre 12 Code mathematical program . Inhale and exhale gently several times to amplify Scepter-12 Code induction into Maharic Shield, until you can sense a resistance sensation returning from your Maharic Shield, indicating that it is "fully loaded".
4. Repeat above Steps 1, 2 and 3 using the Ecka-12 Code Reionayana then proceed directly to PART-2 of this Technique-12 . Technique #12: PART B Activating the Rishiic Shield Read the Anuhazi-language translation of the "I Am the Sacred Sun" LTR-Power Grid out loud at

least one time to activate corresponding Nodes within the Rishiac Shield . Proceed to
Technique #16 : PART 3A OF THE COSMIC 12:12:12:12 INITIATION

Technique 12 B: "I AM the Sacred Sun" LTR Grid*
(AKA Invocation of the personal Rishi ~ The a-Ra-un-Tri-Vectus Inavhoki)

Technique 12 activates the D 13-14-15 Rishiac capstone Nodes and Rishiac Self Identity within the personal Shields and DNA Template, forming the natural Rishiac Tri-Flame Frequency Bridge between the incarnate self and the personal Density-5 (D 13-14-15) Rishi Self.

First requires completion and sustained activation of the Amoraea Flame Level 4 (Technique 8). When Technique 8 procedures are practiced consistently, sustaining Level - 4 Amoraea Flame activation, this LTR Power grid can be used at any time to anchor the Kee-Ra-ShA frequencies of the Primal Light Field and Rishiac Identity for amplification and strengthening of the Amoraea Flame body. This technique is most effective when preceded by one round of the "Psonn of Lyra" - Invocation of the Maharata, to activate and amplify the D-12 carrier wave upon which the Kee-Ra-ShA Currents must ride.

Right [Click Here](#) to hear an MP3 of Rosaleen & Kevin Tobin singing the
"I AM the Sacred Sun"

To save to your computer, right click and choose "save link as"
and choose where you want to save it.

~ I AM the Sacred Sun ~

e - shoo - Ra	a - RU - uN Tri-Vectus	De - a - mir	
Sacred	Inner Sun of the Divine Trinity	reflected outward through me	
a-Sha-Lum-Ta'		E- NU - a	
Still-point of eternal peace		eternally / perpetually renewed	
Or - am	ah - Ta'	a' - DA	NE - Ta
Light Divine	now be	empowered / strong	embodies in full expression
AuR("R") - ShU	E - Ta' - TA	KE' - a	
Reassuring / comforting / sustaining	come forth in being	fully unto me (in this place / time)	

(PAUSE TO ALLOW FREQUENCIES TO EMANATE INTO THE BODY)

Or	Um - A - Ta	E - Sa	e - ZhU - A - E - NOT
The Light	this I be	always & forever	radiant glowing
A - ZU R' - a - HA'	Um - A' - Ta'	E - Sa	Amoraea
The Eternal Divine Flame	this I be	always & forever	Divine Love

HA - a **et' - A**
Eternity and I

e - Shoo - Ra
Sacred

Thah - A - jha Inta
Spoken as it is stated

a - RU
Inner Sun

E - U - Rha - A
are unified as ONE

Um - A - Ta
this I be

ah' Khum TUN
I as this expression now

Technique-13: Shadow Healing Step-3 De-Cording Shadow Dancers*

Purpose: To rapidly and easily free the personal Shadow Body, Shields, DNA Template, consciousness and spiritual identity from unnatural Metatronically bonded Wesedak-Nephilim Black hole Shadow Dancer "energy vampires" to reclaim Christiac self-sovereignty over your personal 15-dimensional anomaly so DNA Template Bio-regeneration can complete for natural Merkabic Ascension.

Preparation: **Technique-8 Part One or Part Two** just prior to Technique-13; Technique-13 should be used as a **direct, sequential extension of Technique-8 Part One or Part Two**. For **first 6-weeks** of Shadow Dancer Decoding use **Part One Amoraea DNA Template Buffer**. After this 6-week period, Part Two Amoraea Insta-Buffer Daily Supplement will generate sufficient frequency thrust as long as you have been using Technique-8 Part One Amoraea DNA Template Buffer once per week (once every 7 days) in conjunction with consistent daily use of Part Two Amoraea Insta-Buffer Daily Supplement. This Technique-13 should be used **no more than twice per week, once per week for 6-weeks** when first beginning. Consistent use of Technique-13 **once or twice per week for a period of 1-2 years** will clear all major Shadow Dancer and other minor Elemental and Figment attachments for **most individuals**, but the **process may take longer for those carrying greater amounts of DNA Template Metatronic reversals**, or who have entered "**Dark Side**" contracts or received "**Blue Fire Sword Metatronic Initiations**" in this life, or in other lifetimes.

"**Dark Side**" contracts are presently being "called in" by the Wesedak races via the Metatronic Coding of the "Karmic Imprint" in the DNA Template. Technique-13 will assist in reversing attempted Wesedak "body snatching" in such cases, but continued twice weekly (after first 6-weeks) use of this technique will be needed for an undeterminable amount of time to continually "keep the Shadow Dancer at bay" for those are **near full DNA Template Monadic Reversal**. In cases of near Metatronic Monadic Reversal (**only 31%-35% of natural D-12 Divine Blueprint remaining in DNA Template as of March 23, 2002**) full, sustained 4-density Amoraea Flame and Eckasha Merkaba activation **cannot fully anchor in the physical body**, as there is insufficient time in one contemporary human lifetime to override such critical mass of Metatronic coding. For individuals experiencing this **Karmic Dilemma**, physical, bodily Stargate ascension in this lifetime is no longer an option, but use of Techniques-8, 13 and 14 (Amoraea Invitational-Integrating the Shadow) combined with Veca Code technologies will ensure a **safe, natural Bhardoah** (death transition) passage when the **natural "time comes"**. The individual will be enabled to "pick up" the full Eiros and Amoraea Flame Body from the **D-4 Astral Body level** as natural Bhardoah occurs, so easy reincarnation into an **advanced, more fully healed Christiac-coded human body in the Bridge Zone Space-time cycles** can rapidly commence. Individuals under full Metatronic Monadic Reversal will be entering a **different path of hybridized evolution** within the Wesedak Black Hole system following their Bhardoah transitions.

Procedure:

NOTE: Update 4-30-03. It is strongly suggested to use the Heliotalic - Tri-Breath current where applicable in the techniques and to visualize/imagine this current through out the fields and mixed with the different currents. This has been incorporated in the technique below.

1. Following the last step of Technique-8 Part One or Part Two, take several gentle, free breaths while focusing your mental attention in the "**Throne of Power**" **Azur-A Point** at the base of the Thymus Gland. Take three 3-Point breaths. On the **Inhale**, draw **Pale-Silver D-12 Maharic Current UP from Chakra 13**, draw **Pale-Yellow D-14 Current DOWN from Chakra-14** (36" above your head) while simultaneously drawing drawing in the Heliotalic Current. Direct all three currents to **meet at the Azur-A Point on the top of each inhale**, forming a **large spark** of the "**Golden-Silver ONE + Heliotalic Currents**", Silver-Gold light plus Pale Silver mixed with Pale Pastel Colours, in the Azur-A. **Exhale forcefully**, using the breath to **push Rays of Silver-Golden Light, Pale Silver mixed with Pale Rainbow colours outward**, in all directions, through every Atom, and into the Auric Field. Repeat the 3 Point breath 3 times.

2. Breathe freely for a moment, eyes closed, and **speak out loud three times** the following **Tonal Command** in the ancient Anuhazi-Elohei language: **Bi-Vectus... OOR'-A... E'-sha..Nur..... a-TUr'** (this means "I AM NOW my D-12 Christos Self-past-present-future forever more).

3. Following the **3rd repetition of the Tonal Command**, repeat one time in your native language the following **Command**: "**I... in my wholeness... declare NOW... that mine eyes shall see the tormentor here before me. I call to thee... Dweller of the Darkness...Shadow Dancer at the threshold of my Soul...in fearless, blameless, all-forgiving unconditional LOVE. In Christ Love I bid you fond farewell. In Divine Truth I move now to set US free, to each fulfil our original Christed destiny. GO in PEACE. Be warned Beloved Fallen; withdraw alone before the Eternal Life Fires of the Universal Christos burn thee. I NOW reclaim my wholeness and Christed sovereignty. I call now to the Sacred Power of my personal inner Christos, awakening the Spark of the Golden-Silver ONE, and I call upon the Amoraea Flame of Divine Love that burns eternal now within me...FREE NOW all that which is born of unholy union. RELEASE NOW from my being, all unintended creatures. UPLIFT ME NOW to the fulfilment of my INNER ETERNAL DIVINE.**"

4. Breathe freely for a moment, eyes closed, and focus your mental attention upon the inside of your forehead, at the **6th "3rd Eye" Chakra**. Imagine that a **tear-drop-shaped Pale-Silver 2-dimensional Eckasha Symbol** appears within the darkness on the inside of your forehead, forming an **Eckasha-shaped "Inner Movie Screen"**. If you cannot yet visualize this image, simply know that it is there. Breathe slowly but freely and **calmly observe any images, pictures or colours** that may appear upon the Eckasha Screen. **Listen inwardly** for any "inner mind chatter", Shadow-body or Shadow Dancer commentary. **DO NOT REACT AT ALL** to any images or words that may emerge, simply **OBSERVE in peaceful, LOVING DETACHMENT**. You are **completely SAFE** within the **LOVING EMBRACE of your personal Inner Christos**; here no thing can hurt you. Here, you may rest freely to explore and review any and all parts of your multidimensional experience. If nothing emerges, simply carry on with Shadow Dancer De-Cording steps to follow. If you receive inner impressions, observe them a bit if you desire and when you feel ready move on to complete the Shadow Dancer De-Cording process.

5. Take one 3-point Heliotalic breath, using the **INHALE** breath to simultaneously draw Pale-Silver energy **UP** from Earth's Core and Pale-Yellow energy **DOWN** from Chakra-14 and the Heliotalic Frequency to meet within the spark at the Azur-A Point in the Thymus. **HOLD**

THIS BREATH at the TOP of the INHALE to amplify thrust, while focusing mental attention directly into the Spark at the Azur-A. Use a strong, quick EXHALE breath to forcefully push the Heliotalic Spark directly out in front of you to a position about 2-feet away from your body in the auric field, directly in front of the Thymus Gland Azur-A Point position. Breathe freely for a moment following this Exhale breath.

6. Imagine now, that you can **sense Dark Slimy-Black Shadow Dancer Cords** beginning to emerge from within their deep, forgotten hiding places **inside of your 7 embodied Chakras**. Try to feel this movement, or the weight of the heavy Shadow Dancer Cord energy as it begins to move out of the **front Chakra vortices** and **directly into the Heliotalic Spark** 2-feet out in your auric field. Breathe freely and sense the **feeling of growing lightness within the regions of your embodied Chakras** as the Shadow Dancer Cords unwind from their ancient hiding places and are **drawn into the Golden-Silver-ONE Spark for transmutation and demanifestation**. Take several moments to sense this simultaneous, multiple-Chakra clearing while breathing gently and **mentally repeating the "mantra" Command "I AM FREE NOW"**, over and over, until you begin to **genuinely FEEL the emotional TRUTH of this statement**. If you cannot yet FEEL the emotional release within this self-declaration of freedom, **SLOW THE WORDS DOWN** in your head as you silently repeat the mantra; draw the words out as if they were emerging from tape played on too-slow speed. Repeat the "I AM FREE NOW" mantra a few times on "slow-speed", and if you still do not FEEL any emotional release, simply let it be. The emotional release of the sense of freedom will eventually come, possibly AFTER the spontaneous emergence of a "laughing-jag", "crying-jag", "physical-activity-jag" or "mini-temper-tantrum." **Be kind to yourself and refrain from self-judgment** as you enter this deep-healing process; let your emotional body express itself, privately if need be, as it releases the pain, anger, confusion, rage, sadness, guilt and frustrated love that has been buried and "stuck" within the Subconscious Mind throughout over 25,000 years of Race Karma DNA Template mutation.

7. Now turn your mental attention **away from any emotional response** you may be experiencing, and focus your mind on the thought or image of the **Heliotalic Spark** 2-feet out in the front of your auric field. Imagine now that all presently available Dark Slimy-Black Shadow Dancer Cords have been drawn out of your Chakras and body and into the Golden-Silver-One Spark. Imagine that you can see or feel the **Heliotalic Spark gently pulsating and vibrating** as it gently and lovingly **transmutes, purifies and sets free** the energies of which the Shadow Dancer Cords were composed.

8. Breathe freely and imagine for a moment that you can see in the **left side of your auric field** the image of the **Wesedak Shadow Dancer** standing alone **within it's Black Hole World**, all Dark Slimy-Black connection Cords are gone. **The Shadow Dancer can no longer drain life force energies from you or your Shadow Body.**

9. Imagine that you now **observe the Shadow Dancer, without fear, without anger, without pity.....**try to find within your Christos Avatar identity power a **genuine vibration of gentle, non-judgemental, unconditional LOVE** for the **retreating Shadow Dancer**.

10. **Telepathically** send the Shadow Dancer a **message of forgiveness**, but also a message of **uncompromising assertiveness** in regard to your intention of gaining freedom and remaining free. Send a **final wish of peace and healing** to the Shadow Dancer, only if you feel inclined to do so; but also remember that Shadow Dancers **do not hold such good intentions for you**. Your body and consciousness are considered as "Real Estate" to them,

they do not possess their own emotional body or Inner Christos Spark, and so they are incapable of giving or receiving genuine love, caring or compassion. **Feigning emotional responses drawn from mimicking human emotion** is a "talent" using by Shadow Dancers for many millions of years to **trick humans** into interaction. Release the Shadow Dancer now with **absolute Christos Love and absolute Christos TRUST**. Know that you can trust the Shadow Dancer to express according to it's nature, and that you can also TRUST in the Divine Right Order and Perfection of Universal Love to embrace both you and the Shadow Dancer as you go your separate ways.

11. Breathe freely for a moment, then **INHALE**, using the **Inhale breath to draw your Heliotalic Spark from the auric field back into the Azur-A Point** in the base of the Thymus. The Golden-Silver-ONE Spark has transmuted and de-manifested all errant energies that it absorbed from the Shadow Dancer Cords, and can safely return to you. Open your eyes as if you are now a newborn baby, or perhaps a Christed Avatar that just now incarnated on Earth anew...clear, pure, undefined, unburdened being of Divine Right Order....free to live, free to love, free to move forth in creation of a new and miraculous life.

12. You may end this healing session now, or proceed directly to **Technique-14 Shadow Healing Step-4 Amoraea Invitational - Shadow Body Integration**.

Technique-14: Shadow Healing Step-4 *

Amoraea Invitational-Shadow Body Integration

Purpose: To rapidly and easily heal and reintegrate the energies of the personal Shadow Body and Shadow Self that have been trapped for thousands of years within DNA Template reversals. Begins the processes of permanently healing the personal "Inner Child-Parent", and past-present-future, incarnational Sub-personality fragments held within the unnaturally reversed Shadow Body Shield.

Begins progressive resetting of the D-12 Divine Blueprint within the Shadow Body Shield once Shadow Dancer De-Cording has occurred.

Preparation: **Technique-13 De-Cording Shadow Dancers** and it's preliminary Technique-8 preparations. Do NOT use this Technique-14 alone, without first De-Cording all available Shadow Dancers as active Shadow Dancer Cords can use this as an opportunity to draw more of your Shields and DNA Template into the Shadow Body. This undesirable potential cannot occur if Technique-8 (Part 1 or 2) and Technique-13 are used directly prior to Technique-14.

Procedure:

1. Following Step-11 in Technique-13 Shadow Dancer De-Cording, breathe freely and move your **mental attention toward the left side of your auric field** to establish energetic contact with your **Shadow Body** and Sub-conscious **Shadow-Self** identity. Imagine that you can **see or sense the presence** of your **Shadow Body** sitting or standing **next to the left side of your body**, in **exactly the same body position and gesture** that your physical body presently holds.

2. **INHALE** Pale-Silver Maharic Current UP from Earth's Core and into the **Heliotalic Spark** at the **Azur-A Point** in the base of the Thymus Gland. **EXHALE forcefully**, using the Exhale breath to **push the Heliotalic Spark** from your Azur-A **straight out to the LEFT and directly into the Azur-A Point of your Shadow Body "double."** **Telepathically** send thoughts of LOVE, Safety, Non-judgement, Protection and the desire for a joyful reunion to your Shadow Self, and a sense of RESPECT and ACKNOWLEDGEMENT for the vast stores of knowledge and memory your Shadow Body holds.

3. **INHALE slowly and steadily**, using the Inhale breath to **draw the Heliotalic Spark WITH THE SHADOW BODY ATTACHED, directly into your physical body**, pulling the Golden-Silver-ONE spark back into your **Azur-A Point** and **aligning the Azur-A Points of you and your Shadow Body**. The Shadow Body is now in a position within you, where it can be energetically accessed for direct healing.

4. **Take several 3-Point breaths.** On the Inhale, draw Pale-Silver D-12 Maharic Current up from Chakra 13, while simultaneously drawing Pale-Yellow D-14 Current down from Chakra 14, as well as the **Heliotalic Frequency in from the right shoulder area**. On the top of each Inhale, the Pale Silver, Pale Yellow and **Heliotalic** Currents meet

at the Azur-A Point at the base of the Thymus, **expanding the "Heliotalic Spark to the size of a large grapefruit. Exhale forcefully,** using the Exhale breath to push **Rays of Silver-Golden Light mixed with Pale Rainbow Colours outward, in all directions,** through **every Atom of your body,** into the **Auric Field** and **throughout every atom of the Shadow Body "double" within you.** Repeat the **3 Point "Heliotalic" breath 6-12 times,** or until you feel a tingling, or a sense of spreading warmth and lightness within the Azur-A and throughout your physical body. **Presently assessable portions** of the personal Shadow Body have now been **cleared of Template Reversals,** realigned with your organic **Christos Divine Blueprint** and re-integrated into the natural structure of your personal Shields and DNA Template.

Technique-15: Amoraea Contact Platform*

Purpose: TO BEGIN SUBTLE EMERALD ORDER CONTACT

Preparation: **Eckasha Maharic Quick Seal** (Technique-1): To activate D-12 Maharic Current and strengthen bio-energetic field integrity. The "**Silver Sanctum Sequence**" of "*Astral Awake, Aware & Able*" (Technique-2) and "*Eiros Flame & the Silver Sanctum*" (Technique-3) must be done previously **at least one time (in this lifetime)** to engage the Silver Sanctum-Eiros Flame Activation. The activated Density-1 *Eiros frequencies* are required to interface with the *Amoraea Gateway* featured in this Technique.

1. After running the Eckasha Maharic Quick Seal or activating Flame Body, close eyes and breathe slowly for a few moments. Move your mental attention to a **point of focus at the top of the breastbone**, at **Chakra-8**, just above Chakra-4 and below Chakra-5, below the clavicle. Beneath this position on the physical body lies the **Azur-A**, the fine "**control centre**" for the embodied Kathara Grid Template, within the base of the Thymus Gland. With attention focused in the Azur-A, imagine that a deep-Azure-blue **Azurite Crystal Sphere** is located within the Azur-A; within the Azurite Crystal lies the "**Throne of Power**", the Centre Point of the embodied **Ecka God-Seed**, through which the **Eternal Flame of Amoraea** embodies.

2. Imagine now that your awareness is a **Spark of Pale-silver Maharic Light**; **As** this Spark of Maharic Light, imagine that you are **travelling into the centre of the Azurite Crystal Sphere**, to the **Gateway of the Amoraea Flame of Eternal Christed Love**. Imagine **Amoraea Gateway as a tiny Maharic Silver-Egg**, the cosmic Amoraea Egg, encased within a **deep-Azure-blue spherical standing-wave**. Imagine that you, as the eternal Maharic Spark move to the centre of the Amoraea Egg within the Azurite Crystal. you have entered the place of your Eternal Birthright; you have entered the **Hallowed Ground** of your original

Divine Heritage as a living expression of the ONE God-Source. The Amoraea Egg, within the Amoraea Gateway and Manu Azurite Flame is the **Eternal STILL POINT** through which

the "**Still Small Voice of God-Self Within**" **speaks**. Visualize or intend that **you, as the**

Spark of Maharic Light, are now positioned within the Amoraea Gateway.... a

Pale-silver Spark of Light encased within the Pale-silver Amoraea Egg, within the Eternal

Azurite Flame of the deep-Azure-blue Azurite Crystal Sphere, the Inner Ecka Center-point of Creation. **Here, all things are eternally still, calm and peaceful.** Here is the **SANCTUARY WITHIN; the INNER TEMPLE OF Kehm-a-Lo-Ha-Tea, the Eternal "Safe Ground" and Perpetual Guardian of one's personal, eternal, DIRECT relationship to God-Source.**

3. INHALE Maharic Current up from Chakra-13 Earth core and into the Azurite Crystal centre, directly into the Amoraea Gateway, through the Azurite Flame and into the Amoraea Egg. **EXHALE** gently filling the Amoraea Egg with Maharic Current.

Imagine now that the Amoraea Egg has begun to awaken, responding to your intention and desire to return to the AT-ONE-ment with your God-Self... the Amoraea Egg now fills with pulsating Pale-silver Maharic Light, and expands, growing larger and larger, extending outward to encase your physical body in a beautiful, shimmering Egg of Eternal Life.

Imagine now that you can **SENSE** the living presence of God-Source and your personal God-Self EVERYWHERE around you. You are encased within its eternal love, mercy, protection and Divine Understanding. Imagine that you can see and feel the Amoraea Egg fully encasing your physical body, and that an Azurite Flame of deep-Azure-blue extends into the room, fully enshrouding you within the Amoraea Egg capsule. Extend your imagination to remember that beyond the Azurite Flame is the Azurite Crystal Sphere; SENSE the Azurite Crystal as extending 20 feet or more around your physical body in the room. You have brought your "Throne of Power" directly into the 3-D world now; you ARE the STILL POINT NOW. You have brought the Amoraea Gateway directly to the doorstep of D-3 finite creation. From this point of eternal power and love you can heal all, understand all, love all, co-create all. Within the Amoraea Egg you and God-Source are one. You ARE NOW your GOD-SELF.

4. INHALE deeply, drawing Maharic Current up again to the Azur-A Point at the Thymus Gland. **EXHALE** Maharic Current into the Azur-A and FEEL the Maharic Current rapidly expand to every atom and cell in your physical, emotional and mental body. The Maharic Current is the CARRIER WAVE.

INHALE Maharic Current directly from the Azur-A, then **EXHALE "horizontally"**, using the Exhale breath to expand a **Maharic Wave DISC outward from the Azur-A**, extending its perimeter to touch the inside of the **Amoraea Egg** around your physical body.

A. VISUALIZE A BLUE SPARK OF LIGHT IN THE CENTRE OF THE BRAIN AT THE PINEAL GLAND; THIS REPRESENTS A PORTION OF YOUR CONSCIOUS AWARENESS.

B. INHALE, THEN USE THE EXHALE BREATH TO MOVE THE BLUE SPARK DOWN THE CENTRAL VERTICAL CURRENT OF THE BODY TO THE TAIL BONE.

C. BREATHE NORMALLY FOR A FEW MOMENTS WHILE VISUALIZING THE BLUE SPARK INSIDE THE BONE OF THE TAIL BONE.

D. USE THE NEXT INHALE TO DRAW THE BLUE SPARK UP TO THE PINEAL GLAND THEN UP THROUGH THE 7TH CROWN CHAKRA AT THE TOP OF THE HEAD.

E. EXHALE, AND IMAGINE THE BLUE SPARK AT THE TOP OF THE HEAD TURNING INTO A 4" BLUE DISC OF LIGHT SITTING HORIZONTALLY ON TOP OF THE HEAD.

F. IMAGINE NOW, A SMALL IMAGE OF YOURSELF AS YOU LOOK IN PHYSICAL REALITY, SITTING ON TOP OF THE BLUE DISC. THIS IS YOUR 5TH DIMENSIONAL CONTACT PLATFORM

G. SIMPLY PRACTICE GOING INTO THIS CONTACT SPACE AND STAYING FOCUSED THERE, DOING THIS MILD D-5 KUNDALINI ACTIVATION FOR ONE-HALF HOUR, 3-4 TIMES PER WEEK FOR 2 WEEKS.

H. ONCE YOU ARE ABLE TO HOLD THIS 5TH DIMENSIONAL FREQUENCY IN CONSCIOUSNESS (USUALLY ABOUT 2 WEEKS OF PRACTICE) AN EO MEMBER WILL GENTLY APPROACH YOU IN YOUR VISUALIZATION ON THE BLUE DISC PLATFORM TO BEGIN SUBTLE COMMUNICATION.

INHALE, and imagine that the Maharic Disc is now contracting with the Inhale breath, drawing the Amoraea Egg, Azurite flame and Azurite crystal back into the Azur-A. Exhale once more into the Azur-A, using the Exhale breath to deposit your "Throne of Power" back into its home station within the Azur-A in the Thymus Gland.

PRIOR TO SLEEP EACH NIGHT, AS YOUR LAST THOUGHT BEFORE FALLING ASLEEP. REPEAT MENTALLY SEVERAL TIMES "I AM READY FOR EMERALD

**ORDER CONTACT NOW, I WILL REMEMBER CONTACT ON AWAKENING".
KEEP JOURNAL PAPER AND PEN NEXT TO BED AND WRITE DOWN ANY
REMEMBERED DREAMS, NO MATTER HOW INSIGNIFICANT THEY SEEM.**

ALWAYS KEEP A JOURNAL HANDY TO MAKE A WRITTEN RECORD OF YOUR
EXPERIENCES WITH THIS CONTACT TECHNIQUE.

TECHNIQUE - 16: The Gold Wave Monadic Infusion - Veca Code - 8 Reushaia Induction
PART 3A OF THE COSMIC 12:12:12:12 INITIATION*
Eckasha - Amoraea Flame Body Activation

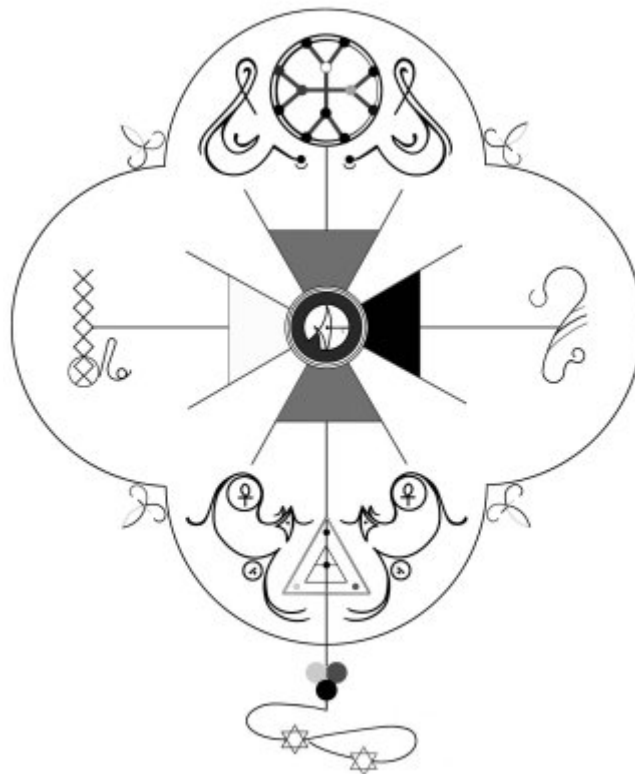
Purpose: To expedite Initiation and activation of Veca Code -12 the Or-Immanu, Elemental Solids Template Restructuring Code, when used following Technique 12: The 12:12 Induction and Rishiic Shield Activation and preceding Technique #17 trigger expedited natural initiation and activation of Veca Code -12 to complete Part 3 of the Cosmic 12:12:12:12 Initiation.

Preparation: Technique - 12 and its preparatory steps just prior.

Procedure: Optical - Pineal Induction of the Veca - 8 Code Reushaia.

1. Follow Steps 1, 2, and 3 of Technique # 12A using Veca - 8 Rueshaia Code.

Proceed to Technique #17: PART 3B OF THE COSMIC 12:12:12:12 INITIATION



**Technique 17: The 11:11 Veca Code -11 &
Parallel Thun-Immanu
Elemental Fluids Template Restructuring Code Induction
PART 3B OF THE COSMIC 12:12:12:12 INITIATION*
Eckasha - Amoraea Flame Body Activation**



Um- et'-a Ur'-nam A'-sa / Ur Eckasha

Purpose: To expedite Initiation and activation of Veca Code - 12 the Or-Immanu, Elemental Solids Template Restructuring Code, when used following Technique - 16: The Gold Wave Monadic Infusion - Veca Code - 8 Reushaia Induction, to complete PART 3 of COSMIC 12:12:12:12 INITIATION.

Preparation: Technique - 16 its preparatory steps just prior.

Procedure: Astral - Etheric Induction of the Veca - 11 / parallel Veca - 11 Code Thun-Immanu

1. Imagine the **Eckasha Symbol** (Ecka Code-3) in the Pineal Gland at brain center.
2. **INHALE, HOLD a PAUSE-BREATH** for a moment, the **forcefully EXHALE** the Eckasha down the Central Vertical Current into **Chakra-13** at Earth's Core.
3. **INHALE**, using the inhale breath to draw the **Eckasha symbol** up from Chakra-13 to the **Heart Chakra-4**. **EXHALE** the **Eckasha symbol** horizontally out the front of your **4th Heart Chakra** and imagine that it is now stationed in the Etheric Body about 1-inch out from

the physical body, over the front of the Heart Chakra.

4. Hold a **paper** containing the Veca Code-11 Thun-Immanu symbol, **symbol facing out** away from body, over your Heart Chakra, and **INHALE**, imagining that the energy signature of the Thun-Immanu Code passes through the paper to combine with the Eckasha symbol stationed there in your Etheric body. Continue the **INHALE** drawing the Thun-Immanu symbol with the Eckasha symbol beneath it into the Center Seed-Crystal Seal in the center-point of the Heart Chakra-4, where the inside tip of the Chakra cone intersects with your Central Vertical Current. **EXHALE** the Thun-Immanu/Eckasha symbol into the tiny **Seed-Crystal Seal** in Chakra-4.

5. **INHALE**, using the inhale breath to draw the **Thun-Immanu/Eckasha symbol** upward from the 4th Chakra Seed-Crystal Seal, through the Central Vertical Current and into the Pineal Gland at brain center. **EXHALE**, using the exhale breath to expand the Eckasha symbol only into the Pineal. Then **INHALE**, using the inhale breath to collect energetic thrust, and **EXHALE** forcefully, using the exhale breath to push the **Thun-Immanu** symbol only upward and out Crown Chakra-7 all the way up Chakra-14 36 inches above the head. **INHALE**, then **EXHALE**, using the exhale breath to push the Thun-Immanu symbol down the Central Vertical Current, into Chakra-13 at Earth's Core. **INHALE** once more, using the inhale breath to draw the Thun-Immanu symbol up to the center of your Maharic Shield 12' below your feet On a final **EXHALE**, use the exhale breath to expand the Thun-Immanu symbol outward horizontally from the Maharic Shield center, until the symbol expands to fill your entire Maharic Shield disc. Take a few gentle breaths to amplify the Thun-Immanu symbol expansion if desired.

6. **Next Tone out loud the Thun-Immanu Tonal Activation Sequence as follows:**

(Note: Line-1 Tones use same melody as the Eckasha Tones in Line-2)

Line-1 Thun-Immanu Tones:	Um- et'-a / Ur'-nam A'-sa / Ur	Eckasha
Line-2 Eckasha Tones:	Um-ah-A / ThrA' E-Na / A	Eckasha

Repeat Line-1 and Line-2 sequence 3 times, **OR REPEAT 1 TIME**, then follow with '**Magic Words**' **Psonn** (Technique-1 Dance for Life Program) as follows, for further amplification of Thun-Immanu induction. - Following Line-2.:

EirA-Sha-Ra-D-K-ShA.....Ta'a-Mira-Prana-Chi
ManU-Ec-RAE-Dha-KHU-KEE.....Ma'a-Yana-Traia-Rei
ManA-Ka-E-Ha-HU-Ra.....Hara-Maya-Mana-Ki (k"E")

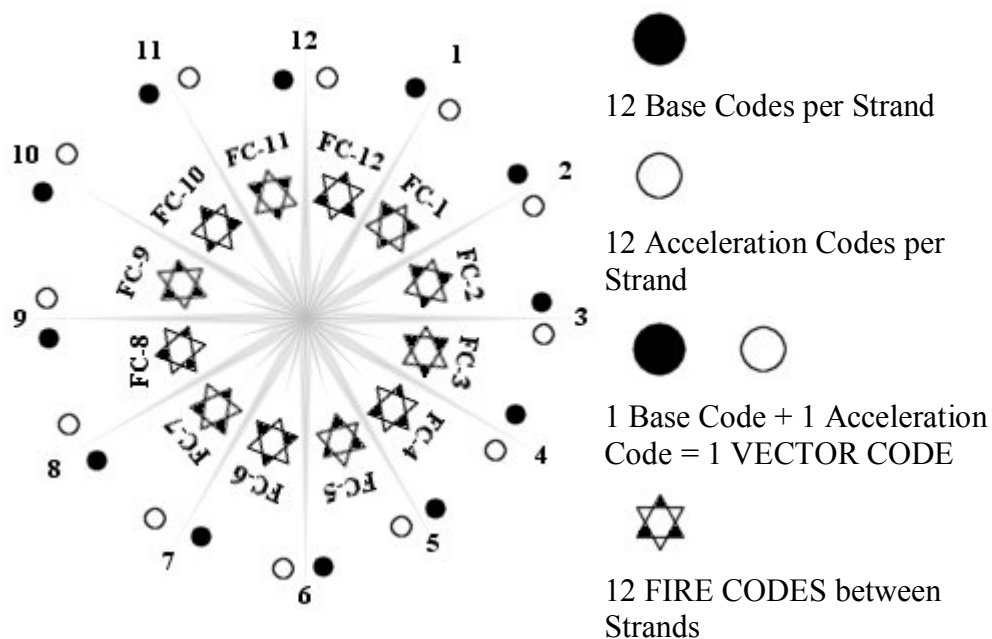
Then back to Line-1 and Line-2 Sequence

Proceed to Technique #20: FINAL PART OF 4 OF THE COSMIC 12:12:12:12 Initiation

Technique 18

BETCHA-HOVA SCAN PROCEDURE*

1. Run Technique 8 Part 2 (6 steps)
2. Do 3-breath optical-pineal induction with Ecka code #12 Reionayana.
3. Visualize the image of the **Sun Code** (below) at the pineal gland in the centre of the brain.
Note* The Sun Code *IS YOUR* Maharic Shield. Envision the Sun Code with the 12 point behind you, the 6 point in front of you, the 3 point to the left and the 9 point to the right.
4. **INHALE**, then **EXHALE** the Sun Code down to chakra 13 earth core, and rapidly **INHALE** the Sun Code from chakra 13 up to the centre of your Maharic Shield, 12 below your feet.
5. **Inhale** and **Exhale** gently while imagining the Sun Code expanding on the **Exhale** out into your entire MAHARIC SHIELD until it stops.
6. **INHALE** and contract the Sun Code back to the centre of your MAHARIC SHIELD and then rapidly up to your 6th chakra at the pineal gland.
7. Gently **EXHALE** the Sun Code out of your chakra 6 (3rd eye) and into a position in your etheric body about 1 inch above your forehead the etheric viewing screen.
8. Turn to interpretation key (below) to read data from the Sun Code image.



Self Betcha-Hova Scan Interpretation Key

The 12 Applications of Mastery

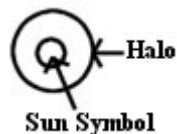
Requires Amoraea Flame Body activation level 4 **technique 8** and at least one time induction of the **Reushasia Veca Code #8** the Monadic Key, and the **Reionayana Ecka Code # 12**.

1. Regenerate missing strand templates:

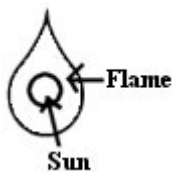
Observe the number of full strands appearing in the Sun Code. Note the strand number of the missing strands. **INHALE** Maharic current up from Earths core and **EXHALE** the mentally projected missing strand numbers into the centre of the Sun Code until a faint image of the missing strands appears.

2. Identify Core Shield Divine Blueprint:

After conducting application #1 above, observe the border surrounding the Sun Code as follows:



- a. Pale silver halo = 12 strand Earth T-2 Human
- b. Pale turquoise halo = 24-26 strand Taran T3 Human
- c. Pale gold halo = 25-27 strand Gaian Indigo-2
- d. Pale pink halo = 28-30 strand Lyran-Sirian Indigo-2



- e. Violet-red halo with silver inner halo = Indigo-3 12 strand hybrid upgrade to 25 strand Indigo-2
- f. Pale pink flame = 31-36 Triadic Indigo-2 Braharama
- g. Pale yellow flame = 37-42 Polaric Indigo-1 Seraphei-Seraphim
- h. Pale turquoise inner and emerald blue-green outer flame = 43-48 strand Eckatic Indigo-1 Elohei-Elohim.



- i. Infinity sign = hybrid engaging flame body healing

3. Percentage of Divine Blueprint Remaining in DNA Template:

Observe centre point of Sun Code and mentally request the % DBP to appear; will usually first indicate read as a, b, c or d as categorized below.

A. 2-31% = flame activations will hold Dancers at bay but cannot fully de-cord. Amoraea flame will prevent future Dancer infiltration until natural body transition. Self will transfer to

Bridge Zone 500-1000 years future incarnate as Hialim-1 for Regenesi.

B. 31-51% = flame activations will clear Dancer cords via gentle separation of Maharic and Metatronic portions of template. Can increase %DBP once Dancer is fully cleared. Will activate base-12 DNA until natural body transition. Will host to Bridge Zone incarnation at Hialim-2 2000 years in future following transition.

C. 51.5-78% = flame activations will clear Dancers and expedite healing and activation of Shield. Possible to increase %DBP to 62-65% for Bridge Zone SG body ascension as Way Shower. If not, self-generated SG ascension to Bridge Zone incarnation as Hialeai-Eieyani after transition.

D. 78-100% = flame activations rapidly heal and expedite full activation of 12-48 strand potential for direct body ascension to Bridge Zone, Tara, Gaia, Aramatena and Inner Ecka time cycle, transmuting body back to Haileai-Eieyani original form. Most flame contracts as Gate Keepers to assist others to Bridge Zone cycle.

4. Detect Flame Body Activation Level at Present:

Observe centre point of Sun Code and mentally request activation level to appear. De-code as follows:



= Density-1 full Eiros Flame



= Density-2 full Amoraea Flame level-1



= Density-3 full Amoraea Flame level-2



= Density-4 full Amoraea Flame level-3



= Density-4 full Amoraea Flame level-4

(Note: Amoraea levels 3 and 4 will not fully activate until 2012-2017, or in Evac. If a level is not yet complete, only full level before will be indicated.)

5. De-code 12-Tribe and Primary Stargate #:


Observe centre point of Sun Code requesting the number (1 through 12) of your original Earth Tribe, which is keyed to the corresponding planetary gate and Cue Site (Hybrids also


have Tribe/SG#).

6. De-code Christos Avatar family crest (Christic Capstone Constant):

Observe centre point of Sun Code mentally requesting to view one of the three Universal Christos Avatar crests as it pertains to your personal family code.

 = Elohei-Elohim

 = Seraphei-Seraphim

 = Braharama

Indicates the original Christos Avatar family through whom you entered density in this time matrix.


7. De-code Rishiac family crest (Rishiac Capstone Constant):

Repeat as above, requesting Rishiac family crest.

 = Emerald Order Breneau

 = Gold Order Breneau

 = Amethyst Order Breneau

 = Ruby Order (can be or hybrid)

Gentle meditation via gazing at the Capstone Crests can expedite communication with your original family of consciousness and amplify Flame Body activation and Shadow Healing.

8. Detect if you have an Emerald Covenant Masters Templar Contract:

View centre point of Sun Code and request to know if either A or B below are part of your Shield DBP

A. Ascended Masters Templar Code EOMC = 

(one of the 144,000 other backup)

B. Rishiac Templar Code EOMC =

9. Detect the present of Knights Templar Anunnaki Wesedak or Knights Malta Wesedrak Supplemental Seals (Implants):

Observe centre point of Sun Code and interpret as follows:



= no additional reverse matrix templar seals.



= Wesedak



= Wesedrak

Note appearances in any strands also. If detected, keep mental note of strand locations, look at Sceptre 12 (El-Hialeai) code, induce Sceptre 12 code via optical/pineal induction, then project image of Scepter 12 code directly into center of Maharic Shield below your feet. Breathe the Sceptre 12 code frequency on the **EXHALE** out into your Maharic Shield until the Sun Code image at your 3rd eye chakra (6) reads clear of the Seal.

10. Check for Miasmatic reverse-code strand overlays:

Observe areas in each strand that appear darker, greyish or as if they have Black Soot encrusted over Diamond Chip codes beneath. These are miasmatic overlays.

Note the strand number of greatest build-up and later (when scan is done or another time) place Sceptre 12 code, face up, directly over embodied chakra corresponding to the strand number. **INHALE** Pale Silver and Amoraea Flame Blue-Green frequency up from Chakra 13 and run it directly through the entire chakra and Sceptre code image/paper, using the inhale breath to draw Sceptre 12 code into the crystal seal at the chakra core. This will clear the presently active levels of the Miasmatic overlays from the corresponding strand and chakra. Check with scan in 3 days for more activation of Miasmatic layers; clear every 3 days until that strand reads/scans clear, then move to another strand for clearing.

11. Detect Fire Code/DNA Strand Braiding levels:

Observe Fire Codes



between strands and read as follows:



= Still Dormant



= Implant blockage

(Project image of Sceptre 12 code directly into centre block every 3-6 days until block fades or disappears.)



= 1/3rd activated



= 2/3rds activated

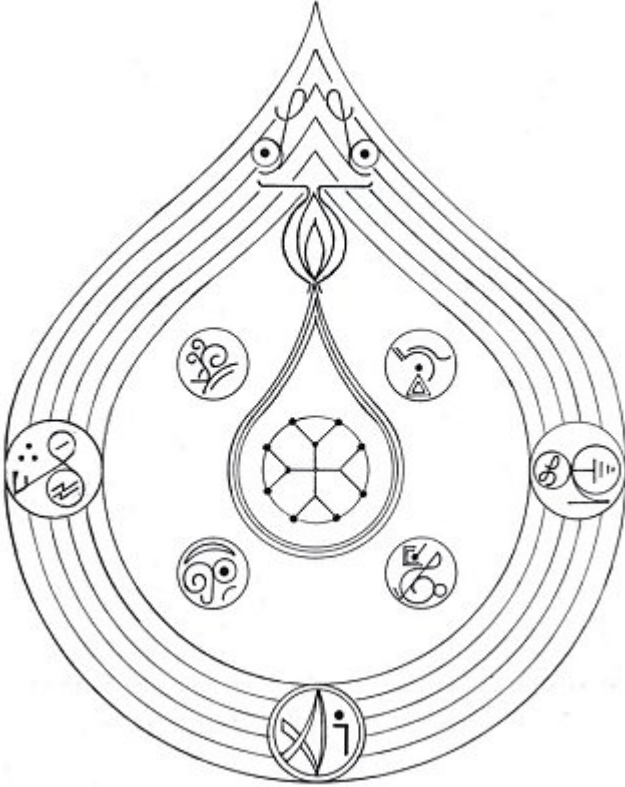


= fully activated

12. Discover your D-12 Christos Avatar Name:

Focus on Sun Code centre, tone Um-ah-A thra-E-Na-A 3 times while holding intention. Breath gently and imagine your Pale Silver Christos Avatar Self emerging in the Sun Code centre and clearly whispering your true name and its proper spelling!

Reionayana Ecka Code - 12*



Witness Questionnaire

Personas, Power Nodes, and Divine Self-Expression*

The questionnaire herein represents the beginning stages of a new self-assessment system designed to heighten awareness of the areas of strength and weakness in ones own relationship to personal power relationships and the competitive frequency expressions associated with these. Expressed in terms of Keylontic Science (Kathara Manual refers), this means looking into the array of Apparathi present in ones Personal Shields. Apparathi are energy receivers (programs) which, organically, draw frequencies from the Unified Field for translation (thought-action impulses). However, some are keyed to the Shadow, some to Wesedak, and some to the Divine Blueprint. Through more detailed understanding of this we can identify those areas of the perception-thought relationship not aligned with the DBP, and thus derive the means to focus on areas of blockage and the specific frequencies (Rays), and associated sub-harmonics, as a means to accelerate integration of ones Multi-dimensional identity complex.

The fully expanded System, and corresponding rationale, is hoped to be available for Contact II, May, 2003.

Meanwhile, answers to the attached questions offer a means to obtain insight into the frequency combinations flowing through the self, in the present moment experience of the 3D Hologram. The idea behind the methodology is not about how right or wrong, better or worse anyone might be, but instead seeks to offer insight into the areas of the sub-conscious which indicate Shadow related

blockages likely to be compromising day to day, and longer term, personal frequency management efforts.

The outcomes can be viewed within a this life context, as well as being representative of the multi-dimensional composition of the expanded Self across all Time Vectors and all aspects of personal individuation reflecting, as they must surely do, the battle or struggle with Duality across all planes of consciousness.

The structure and approach is derived from classical methods used in professional, behavioural, psychological, Persona Analysis. However, the MCEO methodology seeks to identify the existence and extent of polarization between the dimensionalized pairings of EirA, ManA and the resultant ManU balance point. The degree of organic expression which exists between pairs, and, across the entire spectrum of consciousness and conscious or subconscious identities can, and will be, described in terms of Personas, and in relation to the basic Victim/Victimizer 3D programming extant throughout the Personal and Planetary Shields and thus, all humanity.

Certain Persona pairs are more evidently under formation and modification during the early years of (this) life, whereas others emerge in later life. Some emerge as a result of intuitive modification arising from early life experiences, some from the process of experience and maturity, some from the Soul, Over-Soul and Avatar levels, whilst others arise from Shadow and Shadow Dancer stimuli. Such phenomena, therefore, represent the underlying mythic themes found in all races and all cultures at all contemporary times.

We each represent something of a type within a type, and thus an experience within an experience, as we play out our roles in return to At-One-Ment, each of us a theme of the greater human organism evoking perennial themes of lesson, test and evolution. The ultimate goal we all share is to complete ones final incarnation by integrating, and balancing, all frequencies to their positive expression; i.e., by not being victimized (over-powered) by the negative expression of a particular frequency or sub-harmonic expressed as a thought-action impulse.

The first thought-action impulse you might encounter from this point is to sneak preview the questions, spending time calculating the best answers, before you complete the questionnaire. That is NOT what you are invited to do, in your own best interests! But if you do do that, be kind to yourself and reflect for a moment on what it is within you that needs to do that

PLEASE FIND A QUIET PLACE, AT YOUR CONVENIENCE, TAKE A PEN, TURN THIS PAGE, AND BEGIN TO ENTER NUMBERS 1,2,3,4, OR 5 REPRESENTING YOUR ANSWER. (1=LEAST LIKE ME UP TO 5=MOST LIKE ME. ANSWER QUICKLY AND SPONTANEOUSLY!

Azurtan & Ashayana Deane, Ecks MC MCEO, July, 2002

Witness Questionnaire

PERSONAS and POWER NODES ANALYSIS

ANSWER ALL QUESTIONS QUICKLY

DO NOTHING BUT EXPRESS YOUR FIRST FEELINGS HONESTLY

Enter one number, 1, 2, 3, 4 or 5, in the space to the right of the questions number.

1 = Almost never me; 2 = Rarely me; 3 = Sometimes me; 4 = Usually me ; 5 = Almost always me.

1. _____ I am non-judgmental in the way I collection information.
2. _____ I attract people who are good for me.
3. _____ I get unsettled by unexpected change in my life.
4. _____ I experience Spirit by direct cognition rather than inner hearing or vision.
5. _____ I sometimes feel that I could have done more to help other people.
6. _____ I generally feel secure.
7. _____ I believe that I am capable of achieving anything.
8. _____ I get things done regardless of my fears.
9. _____ I put the needs of others before my own.
10. _____ I like myself.
11. _____ I insist on being myself with whomever and where ever I am.
12. _____ I see my life as magical.
13. _____ I feel good when caring for others needs.
14. _____ I think other people find me fun to be with.
15. _____ I look forward to being who I am becoming.
16. _____ I am sexually aware of myself and others.
17. _____ I believe humanity is intrinsically gentle.
18. _____ I never feel resentment toward another person or personal circumstances.
19. _____ I feel I was neglected or victimized, as a child.
20. _____ I give more easily than I receive.
21. _____ I agree that : It is better to have loved, and lost, than never to have loved at all.
22. _____ I embrace my life with unquenchable enthusiasm.
23. _____ I always interpret events to the positive (.v. negative)
24. _____ I keep my perspectives balanced by taking a long term view of world events.
25. _____ I am in the process of creating a better life.
26. _____ I have no problem finding time for myself.
27. _____ I think that there are a number of ways of looking at the same thing.
28. _____ I am no longer the person I once thought I was.
29. _____ My life has included a succession of disappointments.
30. _____ I believe spiritual help accounts for my effectiveness.
31. _____ I can truly say I love all life forms.
32. _____ I find it easier to do right for others than I do for myself.
33. _____ I find fulfilment in close personal relationships.
34. _____ I think feeling compassion is more important than taking responsibility.
35. _____ People look to me for direction.
36. _____ I fear those in authority.
37. _____ I avoid taking man made rules too seriously.
38. _____ I like to help people connect with one another.
39. _____ I never feel that I am being victimized.
40. _____ Deep down, I feel abandoned.
41. _____ I have noticed that there are times of high accomplishment that feel effortless to me.
42. _____ I am not concerned if people do not accept my opinion.
43. _____ I imagine that I would be calm during an earthquake.
44. _____ I am always searching for ways to improve myself.
45. _____ I can count on others to take care of me.
46. _____ I prefer to be in charge.
47. _____ I feel vulnerable.
48. _____ I see the illusions and try to find the truth behind them.
49. _____ Handling my inner thoughts has changed my outer life.
50. _____ I find that in this world it is necessary to lie.

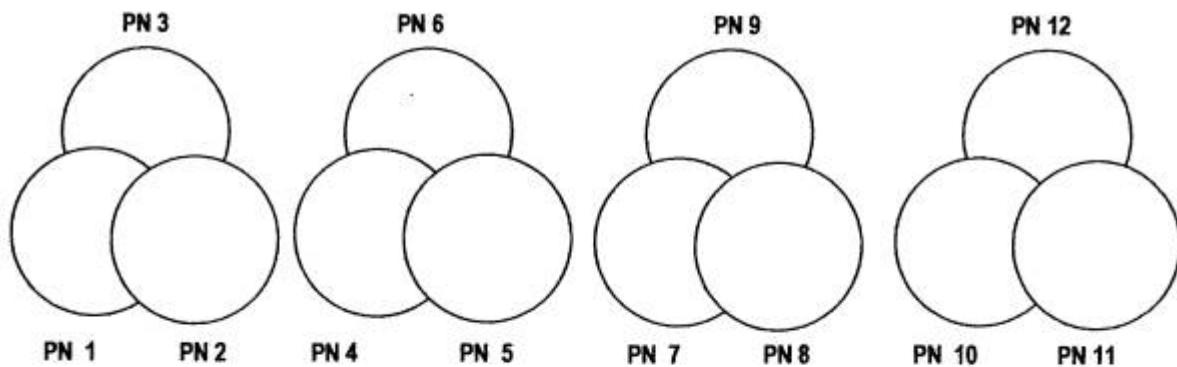
51. _____ I develop resources as I need them, easily and naturally.
52. _____ I am willing to take personal risks in order to defend my beliefs.
53. _____ I cannot witness harm being done without interfering.
54. _____ I always strive for objectivity.
55. _____ I do not speak my truth fearlessly.
56. _____ I find that I am a catalyst for change in many situations.
57. _____ I enjoy making people laugh.
58. _____ I do not handle the disapproval of others well.
59. _____ I use discipline to achieve my goals.
60. _____ I feel loving toward people in general.
61. _____ I talk/pray to Spirit only when I need help.
62. _____ I am independent and it is essential for me to maintain it.
63. _____ I am happier when I am not in a fixed personal relationship.
64. _____ I feel that I communicate with plants.
65. _____ The world is a safe place.
66. _____ I am usually very accurate, intuitively.
67. _____ People I have trusted have let me down.
68. _____ I feel restless.
69. _____ I am finding it easy to let go of anything that doesn't feel right for me.
70. _____ I like to help people lighten up if they are too serious.
71. _____ I do not dream frequently.
72. _____ A little chaos is good for the soul.
73. _____ Learning to put others first has helped me to become a better person.
74. _____ I recall my dreams in detail, easily.
75. _____ I remain calm effortlessly.
76. _____ I stand up to the behavior of offensive people.
77. _____ I like it when I can transform situations.
78. _____ Discipline is the key to success in all aspects of life.
79. _____ I know Spirit communicates with me through symbolic language (associative events, waking dreams).
80. _____ I find inspiration comes to me easily.
81. _____ My expectations of myself can make me feel uncomfortable.
82. _____ I often feel trapped in my body.
83. _____ I have a sense that a better world awaits me somewhere.
84. _____ I think people are trustworthy.
85. _____ I have begun to try to turn my dreams into my reality.
86. _____ I live my life knowing that Spirit will take care of my needs.
87. _____ I do not understand my place in the world.
88. _____ I often feel like breaking something.
89. _____ I try to do everything to serve the greatest good for the greatest number.
90. _____ I am an excellent team player.
91. _____ Saying NO is difficult for me.
92. _____ I don't have time to play with all my ideas.
93. _____ I find myself thinking that the grass is greener on the other side of the fence.
94. _____ People I have valued have let me down.
95. _____ I prefer that my efforts are recognized.
96. _____ I believe that searching for truth is as important as finding it.

Now, please turn to the next page and begin to transfer the number you used to answer each question above, into the correct Power Node (PN) Groups indicated by corresponding question numbers along each PN line when you have finished each line, enter the total on the right

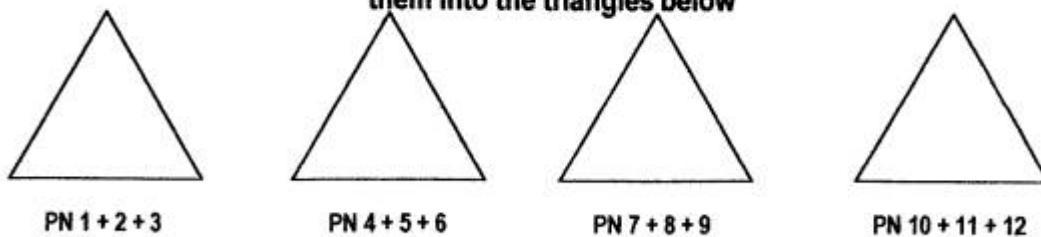
"Withness" Questionnaire: Summary Data

Power Node	Question Numbers									Totals							
PN 1	6/	___	17/	___	30/	___	49/	___	45/	___	65/	___	84/	___	85/	___	_____
PN 2	19/	___	29/	___	36/	___	40/	___	56/	___	67/	___	77/	___	94/	___	_____
PN 3	2/	___	7/	___	10/	___	15/	___	18/	___	23/	___	26/	___	47/	___	_____
PN 4	1/	___	9/	___	13/	___	20/	___	32/	___	73/	___	75/	___	91/	___	_____
PN 5	8/	___	35/	___	46/	___	52/	___	53/	___	59/	___	76/	___	78/	___	_____
PN 6	31/	___	34/	___	39/	___	42/	___	50/	___	55/	___	58/	___	63/	___	_____
PN 7	24/	___	27/	___	44/	___	62/	___	68/	___	83/	___	93/	___	96/	___	_____
PN 8	14/	___	37/	___	16/	___	21/	___	22/	___	33/	___	38/	___	60/	___	_____
PN 9	66/	___	71/	___	74/	___	79/	___	82/	___	87/	___	90/	___	95/	___	_____
PN 10	11/	___	25/	___	41/	___	48/	___	54/	___	80/	___	86/	___	92/	___	_____
PN 11	3/	___	5/	___	28/	___	69/	___	70/	___	72/	___	81/	___	88/	___	_____
PN 12	4/	___	12/	___	43/	___	51/	___	57/	___	61/	___	64/	___	89/	___	_____

Next, please transfer the Totals of PN 1 through 12 into the corresponding spaces below



Next, please add the figures in each of the 4 groups of three circles above and put them into the triangles below



And, FINALLY enter totals of PN 3, 6, 9 & 12; PN 1, 4, 7 & 10 and PN 2, 5, 8, & 11 in boxes over

Witness Questionnaire

OVERALL PLCS BALANCE

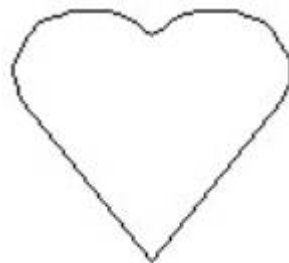
Capstone Nodes Point Of Origin At Rishi Level

13

ManU ~ Blue Flame

Elohei-Elohim Pale Silver + Blue Flame = Pale Turquoise Tone: MAA KEE

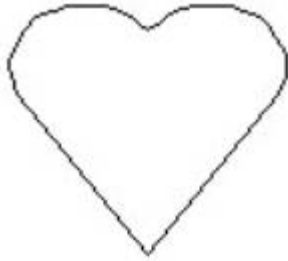
Direct Cognition



TOTALS FOR PNs 3, 6, 9, & 12

<p>15</p> <p>Violet Flame ~ EirA</p>	<p>14</p> <p>Gold Flame ~ ManA</p>
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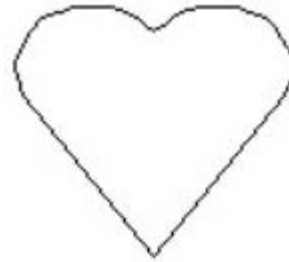
Bra-ha-Rama , Violet/Dark Sapphire + Sale
Silver = pale pink
Tone: TAA ShA, Sound



TOTALS for PNs
1, 4, 7, & 10

Seraphei-Seraphim , Gold Flame + Pale Silver =
Pale Yellow ,

Tone: Hara Ra, Visual

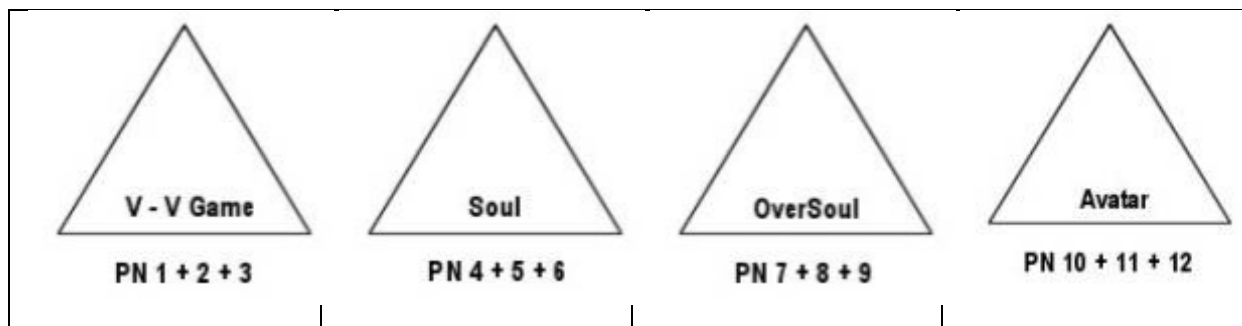
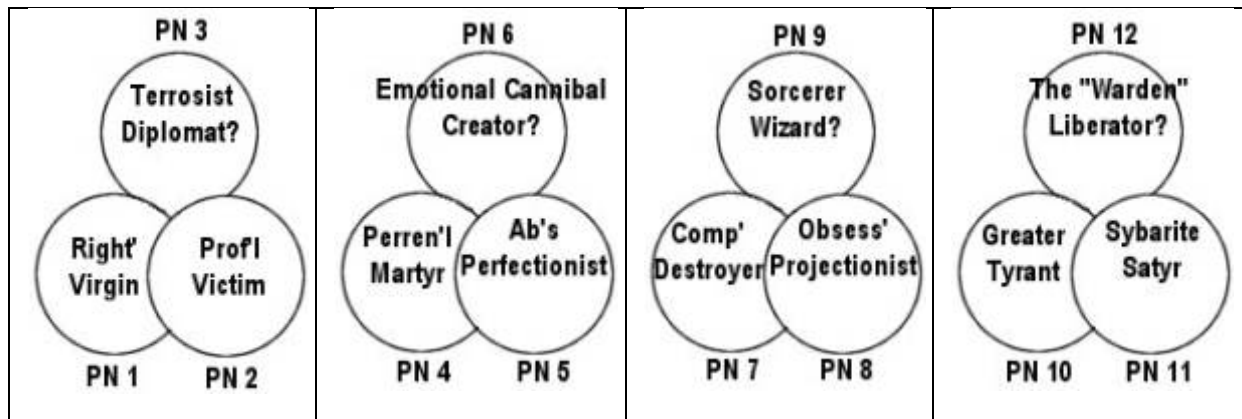


TOTALS for PNs

2, 5, 8, & 11

Objective = Work to bring EirA & ManA into balance.

QUIZ ANALYSIS



1, 4, 7, 10 = EirA Female, Pulls Frequency If low score then work more with EirA Frequencies such as Lunar Salutation, etc.

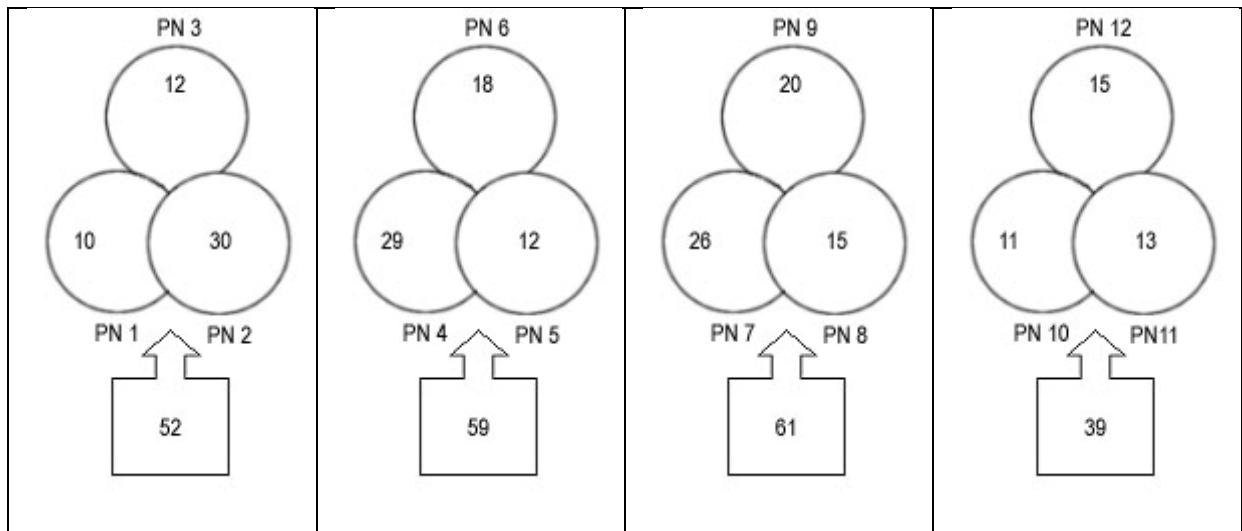
2, 5, 8, 11 = ManA Male If low score then work more with ManA Frequencies such as Solar Salutation, etc.

3, 6, 9, 12 = ManU Is the Product Represents the Beginning and the End

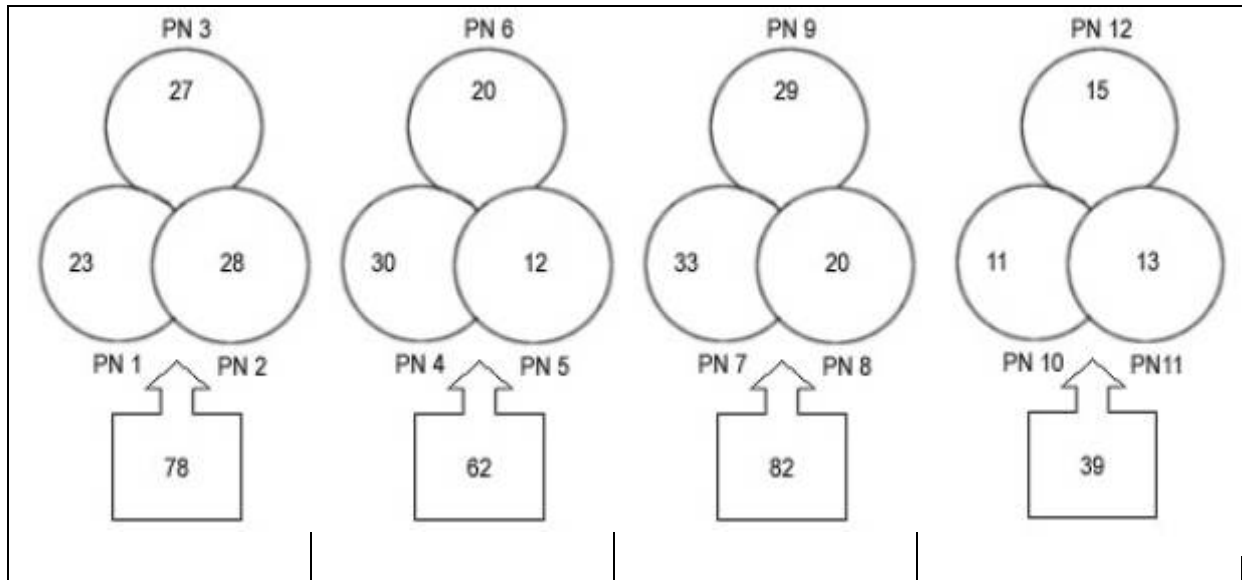
Witness Questionnaire

EXAMPLES

1. Sleeper



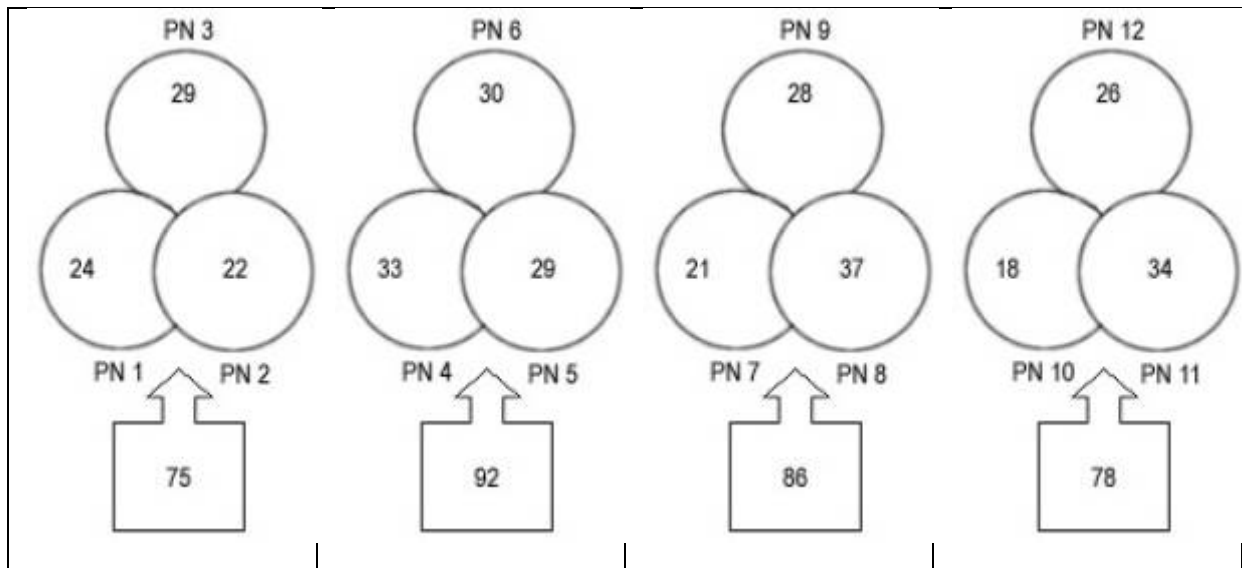
2. A Beginning



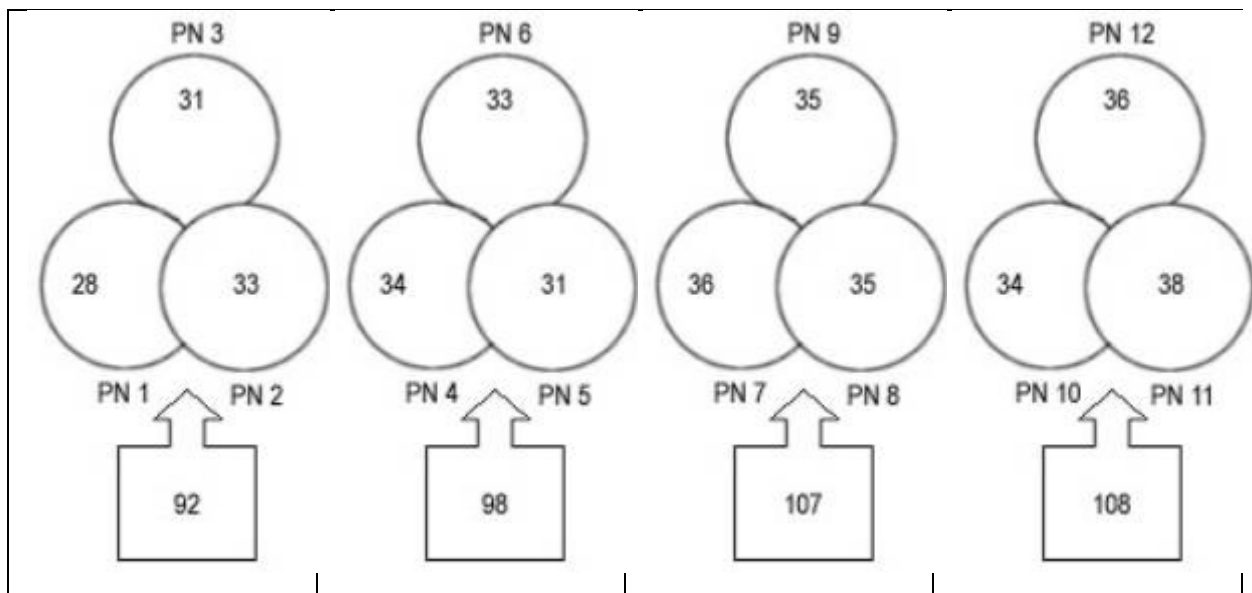
Witness Questionnaire

EXAMPLES

3. Soul Integration



4. Avatar On Probation



"Witness" Personas & Power Nodes (Questionnaire)

The questionnaire used during the "Contact" Course has an implicit association with many years of research throughout the psychology profession, and many hundred of thousand points of individual feedback. This has led to a pretty refined assessment method for obtaining insight into the most recurring themes of Shadow expression (or Personas) as they relate to the potentials inherent in all "negative" uses, effects and relationships with personal power, from a 3D perspective, albeit limited to the "4 Body System".

The structure of the first MCEO version, however, is designed to shift the basis of analysis and interpretation into the "correct" realm of Multi-dimensional application, where such phenomena is seen for what it is: Energy Flow, Energy Distortion, Energy Balance, Energy Potential, the inherent relationship with Merkaba levels, Hova Bodies, Radial Body levels, personal Kathara Grid Crystal Seals and the relative flows of Primal Life Force Currents, and associated sub-harmonics. (This development is as yet only partially complete and should be available in full form by Contact II, Paxos, May, 2003). Nevertheless, some commentary, in this context, follows the "Personas" detail (Page 7-8 refers). However, the Persona based foundation of such a technique retains much value, not least because it presents a clear personal "Personas" perspective, and thus a conduit for the 3D mind providing the means to work directly with areas of imbalance from an immediate, Mental-Emotional-Spiritual , perspective.

Reading the "Scores"

There is no "perfect" score. Given our "typical" levels of conscious development on earth at this time, a score between 24-30, in each of the 12 spheres, would be close to "ideal". Any score significantly above or below this reveals imbalance between the positive and negative "attributes" of a particular behavioral set of the "Victim: Victimizer" program. So, scores of 20 or below should be viewed as significant areas of as yet unrealized potential, since they indicate those aspects of self (Shadow) which are being repressed, denied or ignored. Scores of 33 and above are those influences most active in your life and, in adult life, it is these which are being used to dominate the so-called negative aspects of your make up; the area where greatest strength can also be the greatest weakness it should be remembered..

Each group of 3 spheres represents a major Persona Pair (PN1-2,4-5,7-8,10-11) feeding back through the expression of a third element (PN 3,6,9 & 12) which forms a bridge to the next group, as well as being a direct reflection of the pair with which it is connected. You should be much encouraged if scores in these Amoraea/ManU spheres (3-6-9-12) is above 33.

Overview

The summarized totals in the triangles below the spheres are a snapshot, at one point in time, of how well your process of Shadow integration is going; the ego/Shadow side is not something to be jettisoned in order to realize mastery. Balance of Shadow, or lack of it, is shown by reading the totals in triangles across from left to right. The first triangle (extreme left) represents your life start position and the balancing of parental karma, as well as your own, and the liberation from the acquired behaviours through the childhood experience. This resumption in personal power expression relates, usually, to movement in triangle 2, and to a higher score, indicating the progress made in restoring Soul direction. So, triangle 2 is a bit like your current progress report. Triangles 3 and 4 indicate both the level of awareness you incorporate from your Oversoul and Avatar levels, as much as it does the (frequency) contribution that each of these levels are themselves free to make in your journey Home.

Look to see which particular triangle(s) contains the highest score.

If triangle 1 is the largest score then: This shows that you are still preparing, still working toward your first big break-through in deep self-realization of the power that is yours. However, the boundary formed by the ego (to protect itself from your higher ideals) is still holding you separate from the potential that is you. And, you are not so certain that you feel comfortable with the experience that life is holding forth for you right now. Alternatively, the difficulty in moving to a freer and more powerful level of self-expression may simply be an element of Shadow (probably miasmatic) which feels some condition or circumstance needs to be changed or adjusted in order for the release and unification to occur. That means that you are denying or withholding love from both yourself and your shadow and some reflection on the detailed breakdown of the influences given by the spheres may bring new awareness if you allow it.

If triangle 2 is the largest score then: This shows that the flower of the ego-Shadow is comfortable to acknowledge the new seeds of the self. If external conditions seem propitious, and if the inner strength has begun to express with some stability, the Soul influence will spring forth like seeds seeking fertile ground. If the second triangle is highest, then a time of great transition is indicated; you are in the process of deepening your relationship with Source and your highest parts, finally and genuinely becoming more of who you truly are.

If triangle 3 is the largest score then: This shows that your concerns have shifted very fully from the

concerns of the external to the internal world, toward areas of your highest expression. It would not be unusual if this period of life seemed to contain great change, and not a little sacrifice, as your own frequency shifts produced the inevitable "fall-out" whilst attracting new, and better, potentials. If triangle 3 is the highest score you have really begun to master personal power and relationship with the outer world. You have learned to differentiate between higher love and controlling love, soft love and tough love, finally beginning to break free from the Victim: Victimizer game at last.

If triangle 4 is the largest then: Both "you" and your Avatar have successfully cleared the majority of your code reversals and related miasms, and are able to work together to progressively expand your

multi-dimensional life field, to accelerate the process of higher DNA activation and Christ Consciousness

integration with all that this implies in regard to co-creative use of power and responsibility. With care and continued persistence Victory is in the offing.

The Base Personas Shadow Manifestation Notes [APPLY TO SCORES OF 20 & BELOW]

PN1 The Righteous Virgin or Ultimate Innocent:

Denial of immediate realities tends not to see/want to see whats really occurring. May be hurting self and others but wont want to acknowledge. Typical of one who carries deep seated, repressed, hurt. Tends to believe what others say even when in direct opposition to inner knowing. Addictions: Sugar, cheerfulness; Goal: Remain in/find safety; Fear: Abandonment; Issue: Denial or rescue; Response: Fidelity & discernment; Virtues: Trust/optimism

PN 2 The Professional Victim or Poor Me Orphan:

Victim of the world blames everybody and everything, including own competence, irresponsibility and even predatory behaviors. Expects special treatment, or exemption from life because he/she is so fragile or decimated by victimizers. When this shadow aspect is in control, we will attack even those who are trying to help us, harming them, and ourselves simultaneously. Or, the personal may collapse into dysfunction you cant expect anything of me. Addictions: Powerlessness, worry, cynicism; Goal: regain safety; Fear: exploitation; Issue: Is victimized by the conditions required by solutions; Response: Feel the pain fully; Virtue: Interdependence

PN 3 Terrorist or Diplomat

If both 1 & 2 are Shadow dominant, then the product for the 3rd aspect will be Terrorized and will terrorize in turn, compounding the scope for a positive bridge to the higher Personas. The terrorist will override morality, ethics or any thought of the greater good beyond their own needs. The terrorist tends to feel continually embattled, and thus everything is perceived as a sleight, a threat or a challenge to be confronted. Addictions: Achievement, success, (externalized); Goal: Winning; Fear: Weakness (Losing to win); Issue: Kill it or comfort it; Response: Fight for what matters most; Virtues: Courage, conviction & discipline.

PN 4 Perennial Martyr

Tends to control others, sucks energy, through guilt devices: look at all I've sacrificed for you! Characterized by manipulative/devouring behaviours using care-taking control to smother others (sufferers often asthmatic); also, co-dependence, compulsive need to heal everything / rescue others. Addictions: Co-dependence, rescue, fixer-heroics; Goal: Helping others / clarity of Service area; Fear: selfishness; Issue: Self love; Response: Heal without maiming (self & others); Virtue: Compassion, generosity.

PN 5 Absolute Perfectionist

Always striving for the perfect solution in order never to find one. Self-improvement junkies, health club fanatics, food fadders, new Face / Paradigm workshop addicts. Never feel ready to commit to accomplish anything much, because it isn't quite right for me. Forever dissatisfied with something, if not everything. Addiction: Self centered Independence & perfection; Goal: Seeks better life; Fear: Depth / discovery; Issue: Running from self; Response: Being true to Inner self; Virtue: Autonomy, ambition.

PN 6 Emotional Cannibal or Creator

If both 4 & 5 Shadow is dominant then tremendous conflict and deep unhappiness will result, leading to an ever increasing need to satisfy the craving for love, affection and recognition whilst sub-consciously devouring every potential source of remedy. Leads to severe emotional abuse of others because Love, given and / or withheld becomes the major tool of Life. Addictions: Relationships (with anything), sex/intimacy; Goal: Bliss; Fear: Love famine; Issue: Deeper love, for everything; Response: Find what can be truly loved, and build from there; Virtue: Passion & commitment.

PN 7 The Compulsive Destroyer

If deep imbalances exist in the previous 3 areas then there is every likelihood that weakness here will manifest in extended self destructive behaviours, manifest by addictions, compulsiveness, or any activity which undermines intimacy, career success, or self esteem. Frequently, these lead to physical and emotional abuse of others. Addictions: Self destructive habits, soul suicide, Goal: Catharsis; Fear: God-self; Issue: Clarity & resolve; Response: Surrender to strength in vulnerability; Virtue: Humility.

PN 8 The Obsessive Projectionist

Here the Shadow works the Persona in a way where life is perceived as meaningless or empty unless there is a project, challenge or new thing to do. Low boredom thresholds and a lack of awareness of the inner worlds characterize such tendencies. The archetype tends to express this deep, inner emptiness, through obsessive projection, creation of so many possibilities, that none can be acted upon fully. There is a close similarity to the woman who got pregnant every time she felt life to be meaningless (The Pumpkin Eater movie). Addiction: Work, creativity to pass the time; Goal: Self Identity; Fear: Lack of authenticity; Issue: Recognition that it is part of self; Response: Self acceptance; Virtue: Individuality, vocational identification.

PN 9 The Wizard or The Sorcerer

The destructive versus creative potential inter-play to create either a magical realization of the counterparts of one which manifests darker applications of creativity. As an area of weakness this Persona can be portrayed as one who transforms better into lesser options. We engage in such when we belittle ourselves (or another), reducing rather than increasing potential, with the effect of reducing our own self-esteem. The Sorcerer represents that part of ourselves which creates illness, dis-ease, and represents the polar opposite of the Christos Principle. Addictions: Power, drugs, self delusion / dishonesty; Goal: Transformation; Fear: Evil / sorcery; Issue: Transform / transmute; Response: Align self with Christos; Virtue: Personal power.

PN 10 Greater or Lesser Tyrant

But tyrant nevertheless. This Persona tends to banish all who threaten their control, at the expense of all creative expression if necessary, and at any price. Often this is seen amongst those who have acquired some degree of authority whilst being unaware, or ignoring, the responsibility implicit in such positions of power. This behavior generates sterility and stagnant environments in which fear, loneliness and misery is likely to abound. Contraction rather than expansion is the usual outcome, until the Tyrant (Victimizer) is tipped from the self appointed throne, usually by his / her own hand. Addictions: Control, power, co-dependencies; Goal: Order; Fear: Chaos; Issue: Find constructive use of power; Response: Take full responsibility for your life; Virtue: Responsibility discipline.

PN 11 The Sybarite or Satyr

This Persona, as defined and directed by the unresolved Shadow is a big time pleasure seeker (Sybarite = one devoted to luxury and pleasure) or at worst one who is a glutton, sloth or lecher (or all 3!). Either way, the sub-conscious desires and influences at work here are entirely directed by the lusts and urges of the physical body, with little or no sense or dignity or control. Addictions: Excitement, cocaine, ecstasy and sensory inebriation; Goal: Enjoyment; Fear: Death / non-aliveness; Issue: Possession; Response: Locate enthusiasm for expansion; Virtue: Joy, freedom.

PN 12 The Liberator or The Warden

The ultimate reflection of the Shadow issue will climax in terms of the acquisition of external power and authority, and familiarity with its destructive uses, on every level of existence personal relationships, families, communities, work places, government and all the way through Universal structure. Or, otherwise, the development of inner strength and responsibility and , thus, the realization of creative potentials way beyond contemporary forms of self adulation, rightness and ultimately, corruption of the essence of associative being. When the Shadow (and Shadow dancers) overwhelm the self it can be seen through tendencies toward unfeeling judgment, in coldness, reliance on rational, linear, logic, heartlessness, dogmatism and pomposity. We, the inferior inmates, are always being evaluated by them, being policed, regulated, chastised, limited or punished because there is something that we are not doing that is considered right. The Mentor will always choose higher love, together with the freedom and responsibility that that implies. The Warden archetype is intimidated by such potential expansion and imprisons this impulse. Addictions: Rightness, superior judgment, tranquilizers; Goal: Control of truth, Fear: Superior deception; Issue: transcending root fears; Response: Find enlightenment; Virtues: Wisdom in non-attachment.

Initial Guidelines for Energy Analysis & Additional PLC Induction

The new MCEO analysis addresses difficulties in fully realizing / expressing ones full Avatar identity, consistent with its own Christed Potential as a question of energy to be treated with energy. The context for this has been portrayed by the presence and workings of Apparathi, Miasms & Karma (Kathara Level 1), The Radial Bodies (Dance for Life), the personal Kathara grid & Crystal Seals, which, according to their state of organic balance will or will not process Primal Life Force Currents according to Divine Blueprint; in other words, the extent of genetic mutation and personal and planetary code reversals express directly through the Radial Body and Merkaba Vehicles in such a way that a Shadow Body is formed which anchors reversed frequencies and at the same time blocks much of the spectrum of natural frequencies (PLCs), across ALL dimensional levels, which ultimately express as dysfunction in personal Merkaba, as well as within the human Emotional-Mental-Spiritual experience, obstructing integration of higher frequencies / consciousness, while promoting various

feelings of powerlessness and separation from ones own higher parts, manifestation abilities and, of course, Source.

As a result of historical mutations, frequencies fully blocked are D9-12 and frequencies half blocked, with frequencies also reversed, D1-8. Until blockages are cleared one must draw as much frequency from outside the self, since the internal mechanisms are compromised, to greater or lesser extent. The new form analysis therefore is designed ultimately, to enable anyone to create their own, tailor-made, technique by understanding areas of PLC frequency deficiency and applying the understanding to up-weight specific frequencies. For example, if a general EirA deficiency is noted then the Merkaba spin direction and strength will reflect that, and thus additional time would be spent on correcting lower Merkaba spin direction and speed by working with extra EirA inducing activity. The principle should be applied more specifically too, to reflect the Density Level, and thus Kathara Lines / Crystal Seals, Chakra, Axi A tonal, Diodic relationships relevant to the deficiency area (or PN number associated with the 12 spheres).

Spheres 1, 4, 7, 10 & 15 represent **Female / Divine Mother** characteristics, reflecting the nature of EirA (and associated sub-frequency) **Particum Currents**: these are magnetic (pulling), contracting, passive, counter-clockwise rotating and associated with **Sound** (e.g. Psonns) and the Violet Flame Frequencies of the KeeRaShA. Too little EirA is reflected by scores below 20. Each Sphere corresponds to a Density Level: 1=D-1, 4=D-2, 7=D-3, 10=D-4, 5=D-12. Therefore, deficiencies associated with any particular Density Level can be addressed by a frequency diet which incorporates more of such deficient frequencies. **[Sub frequencies are:** Density 1 Chi; Density 2 Prana; Density 3 Mira; Density 4 Taa; Density 5 ShA and each being Rays 1, 4, 7, 10 and 15 respectively and associated **colours**]. EirA intake can be maximized by **breathing**: Inhale more slowly & more deeply. Hold briefly. Exhale fast, short & sharp. Too much EirA (as imbalance: ManA & ManU) would imply poor motivation / work ethic, proneness to being victimized and a tendency for manipulative selfless behaviors.

Spheres 2, 5, 8, 11 & 14 represent **Male / Divine Father** characteristics, reflecting the nature of **ManA** (and associated sub-frequency) **Partika Currents**: these are electrical (pushing), expanding, aggressive, clockwise rotating and associated with **Light** (Optical sensitivity, e.g. Veca Codes) and the **Gold Flame** Frequencies of the KeeRaShA. Too little ManA is reflected by scores below 20. **[Sub frequencies are:** Density 1 Ki; Density 2 Mana; Density 3 Maya; Density 4 Hara; Density 5 Ra; and each being Rays 2, 5, 8, 11, 14 respectively and associated **colours**]. ManA intake can be maximized by **breathing**: Inhale rapid shallow breath. Hold breath longer. Exhale slowly, long and steadily. Too much ManA (as imbalance: EirA & ManU) would imply ambition, competitiveness, lack of flexibility, rightness, and Victimizer tendencies.

Spheres 3, 6, 9, 12 & 13 represent the Void, **Universal Divine Spirit**, the product of itself and thus EirA and ManA. The ManU is thus **electro-magnetic** and associated with the **Blue Flame**. Too little

Manu is reflected by low scores too, and indicates limited reception of Partiki units flowing from Source, and thus the amount of mathematical-geometrical programs from the Maharic Shield Divine Blueprint, EirA, ManA flow and thus limited (Divine) thought form potentials. Since ManU is the progenitor of first EirA and then ManA it would be advisable to incorporate additional ManU pulling activity as a support to any effort to increase either EirA, ManA or both, but again induced to relevant body parts. [**Sub frequencies** are: Density 1 Rei; Density 2 Traia; Density 3 Yana; Density 4 Maa; Density 5 Kee and associated **colours**].

Work with ManU-Eckasha Salutation (Dance for Life) with extra emphasis on the Frequency, Spin direction, Psonn / Seuria re. Corresponding EirA / ManA elements, as above, is also highly recommended.

TECHNIQUE-19: Opening Ecka-Contact Communication Lines- CONTACT-2*

Purpose: To open the Radial Body communication networks within the Rishiac Shield for improved, clearer, Rishiac-Sealed telepathic interdimensional communication with personal Eieyani incarnates or other Guardian races from the Inner Ecka God World Universes .

Preparation: Minimum of Technique-12 : The 12:12 Induction and Rishiac Shield Activation and its preparatory Steps, Technique-15 The Amoraea Flame ContactPlatform-CONTACT-1 and the "Withness Self-test" to determine your Mutable Rishiac-Christic Capstone Nodes to identify your * Primary CONTACT RAY that is used in this Technique :19.

Procedure:

1. Draw several Maharic Inhale-Exhale breaths from Chakra-13 Earth core, to "charge" and amplify your fields.

SEND A COMMUNICATION :

2. Visualize the 3 colours of your * **Primary Contact Ray** as if they were a singular braided Ray of light formed of 3 different, distinct coloured "laser beams" **BRAIDED TOGETHER** into one thick current .
3. Imagine your **Braided Contact Ray** is anchored to a pale-silver Christos Spark in your Pineal Gland at brain centre, INHALE, then use an EXHALE breath to extend your Contact Ray down your Central Vertical Current and into Chakra-13 at Earth's core. Imagine that a second pale-silver Christos Spark is stationed in Chakra 13, and that your Contact Ray extends directly into and anchors within the Chakra-13 Christos Spark, while the "other end" of the Contact Ray current still remains anchored within the 1st Christos Spark at the Pineal Gland.
4. Choose the **target** of your communication, and the **message or questions** you desire to send. Once you have a **specific message or question** and **specific "receiver" target** in mind, **telepathically project the message as an intention** into the **1st Christos Spark at the Pineal Gland**. Imagine that your message/intention enters the Pineal Christos Spark and suddenly, **gently "Pops"**, forming a pale-silver translucent **THOUGHT CRYSTAL** within your **Pineal Gland**. Take several **gentle INHALE and EXHALE** breaths, using each **EXHALE** to gently **push the Thought Crystal down** from the **Pineal Gland**, through your Contact Ray in your Central Vertical Current and **into the 2nd Christos Spark in Chakra-13**.
5. Imagine that as soon as the Thought Crystal enters the 2nd Chakra-13 Christos Spark that it **bursts into a starburst of light within the Christos Spark**, sending many tiny rays of light in the 3 colors of your Contact Ray outward in all directions. Imagine now that the many emanating tiny rays of light spiral down to Chakra-15 "Out the other side of Earth' and into the Universe . Your message is now **SENT**.

CONNECTING THE ECKA COMMUNICATION LINE:

Holding the image of your internal Contact Ray in mind, still running within your Central Vertical

Current between the Pineal Gland and Chakra-13 Christos Sparks, **INHALE**, then use a long, firm **EXHALE** breath to further extend the length of your Contact Ray. Imagine your Contact Ray, still anchored in both Christos Sparks, stretches outward and upward **TOWARD THE RIGHT**, forming a Tri-colour "Rainbow Arc" of light running vertically upward in the Right side of your Auric field from its Chakra-13 Christos Spark "tether line" up to Chakra-14, 36- inches above your head. **INHALE**, using the Inhale breath to draw the end of your Contact Ray at Chakra-14, downward, through the 11th,10th and The Crown Chakras and into your Pineal Gland to meet with the 1" Christos Spark, forming a "Closed Circuit" Rishiac Communication Line as the "2 ends" of your Contact Ray now meet within the Pineal Gland Christos Spark.

TO RECEIVE A COMMUNICATION FOLLOWING YOUR INITIATION OF CONTACT:

7. **INHALE**, then use a **forceful EXHALE** to push the Pineal Christos Spark with your Contact Ray circuit within it, horizontally outward to the Right to the "Mentor Space" over your Right Shoulder. **INHALE** and **EXHALE** again, using the exhale to expand the Christos Spark into a basketball sized Sphere of Tri colour light sheathed in pale silver. Project a pale-silver "**Mini-Me**" image of yourself into the Contact Sphere then wait quietly for a response to your message, without imposing expectations on the outcome . First responses may come later in the dream-state ; consistent practice at the same time of day helps to open and maintain reliable receiving lines.

TECHNIQUE - 20: Templar Reuche Code - #12 Induction
FINAL PART 4 OF THE COSMIC 12:12:12:12 INITIATION*

Eckasha - Aah - Amoraea Flame Body Activation

Purpose: To complete initiation of the Cosmic 12:12:12:12 Lock Key-Code Sequence into the personal Shields enabling the Shields, DNA Template and body to automatically receive the Cosmic 12:12:12:12 Eckasha - Amoraea Flame Body Activation as it activates within the Universal - Galactic - Planetary Shields on December 21, 2002 to prepare the Shields for receiving the Krist -1 Code Cosmic 11:11 13th Pillar Initiation to "Catch the wave of Ascent" to the Bridge Zone continuum during the May 27, 2003 Universal - Galactic - Planetary HE-Thar-O.

Preparation: Technique - 17 and its preparatory steps just prior.

Procedure: Optical - Pineal Induction of the Templar Reuche - 12 Code.

The Templar Reuche - 12 Code Initiates within the Planetary Shields on November 22, 2002, and enters Consummation / activation phase with the Scepter - 12: EL HaiaLeai, Ecka-12: Reionayana and Veca - 12: Or-Immanu Density Lock Key-Code Sequence to commence the Cosmic 12:12:12:12 Activation.

